

European Health Psychology  
Society & BPS Division of  
Health Psychology Annual  
Conference 2016

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# Behaviour Change: Making an Impact on Health and Health Services

Conference Programme

23-27 August  
Aberdeen, Scotland

[www.ehps2016.org](http://www.ehps2016.org)

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Overview Programme

Time	Tuesday, 23 Aug	Wednesday, 24 Aug	Thursday, 25 Aug	Friday, 26 Aug	Saturday, 27 Aug	Time
09:00		09:00 - 10:30	09:00 - 10:30	09:00 - 10:30	09:00 - 10:30	09:00
09:30		Parallel sessions	Parallel sessions	Parallel sessions	Parallel sessions	09:30
10:00						10:00
10:30		10:30 - 11:00 Coffee Break (Boyd Orr Hall)	10:30 - 11:00 Coffee Break (Boyd Orr Hall)	10:30 - 11:00 Coffee Break (Boyd Orr Hall)	10:30 - 11:00 Coffee Break (Boyd Orr Hall)	10:30
11:00		11:00 - 12:30 Parallel sessions	11:00 - 12:30 Parallel sessions	11:00 - 12:30 Parallel sessions	11:00 - 12:00 <b>Keynote Lecture</b> (Gordon Suite) <b>Aleksandra Luszczynska</b> Ways to Increase the Impact of Behaviour Change Interventions in a Real-World Setting	11:00
11:30						11:30
12:00					12:00 - 12:45 Closing ceremony and introduction of the next conference (Gordon Suite)	12:00
12:30		12:30 - 14:00 Lunch (Boyd Orr Hall) & EHPS Discussion Forum (Crombie B Suite)	12:30 - 14:00 Lunch (Boyd Orr Hall) & EHPS Members Meeting (Crombie B Suite)	12:30 - 14:00 Lunch (Boyd Orr Hall) & EHPS National Delegates Meeting (Room 15) & DHP Members Meeting (Crombie B Suite)	 12:45 - 13:30 Reception	12:30
13:00					 13:30 - 18:00 Social programme excursions departs from AECC & return in city	13:00
13:30						13:30
14:00		14:00 - 15:30 Parallel sessions	14:00 - 15:30 Parallel sessions	14:00 - 15:30 Parallel sessions		14:00
14:30						14:30
15:00						15:00
15:30		15:30 - 17:00 Interactive Posters & Coffee (Boyd Orr Hall)	15:30 - 17:00 Interactive Posters & Coffee (Boyd Orr Hall)	15:30 - 17:00 Interactive Posters & Coffee (Boyd Orr Hall)		15:30
16:00						16:00
16:30						16:30
17:00		17:00 - 18:00 <b>Keynote Lecture</b> (Gordon Suite) <b>John Cacioppo</b> The Social Brain, Health, and Well-Being	17:00 - 18:00 <b>Keynote Lecture</b> (Gordon Suite) <b>Marie Johnston</b> Making Behavioural Science fit for Behaviour Change Interventions	17:00 - 18:00 <b>Keynote Lecture</b> (Gordon Suite) <b>Kevin Patrick</b> From Personal Health Data to Population Health Improvement: New Data, New Insights and New Challenges		17:00
17:30	17:30 - 18:30 EHPS/DHP Opening Ceremony (Arts Lecture Theatre - Kings College)					17:30
18:00		 18:00 - 19:15 <b>Roundtable</b> (Gordon Suite) Policy Makers, Practitioners, Health Psychologists on 'Enhancing the Impact of Health Psychology on Policy and Practice'				18:00
18:30	 18:30 - 19:30 Welcome Reception (Elphinstone Hall - Kings College)					18:30
19:00						19:00
19:30			 19:30 - 24:00 Conference Dinner (Beach Ballroom - Beach Promenade)			19:30
20:00						20:00
20:30						20:30
21:00						21:00
21:30						21:30
24:00						24:00

## Tracks & Chairs

Nº	Track Name	Description	Chairs
T1	eHealth and mHealth	The use of information technology, social media, or mobile and wireless devices in health psychology research and interventions	- Rik Crutzen (The Netherlands) - Efrat Neter (Israel)
T2	Resilience and Health	Resilience factors and individual difference variables in relation to health and illness	- Evangelos Karademas (Greece) - Ewa Gruszczyńska (Poland)
T3	Stress and Coping	The influence of psychosocial demands and resources on emotional distress, coping and health outcomes (except coping with chronic illness, see "Chronic disease, Pain and Psychosomatic Issues" track)	- Georgia Panayiotou (Cyprus) - Julie Turner-Cobb (UK)
T4	Self-Regulation in health and illness	Contributions related to goal or self-regulation theory, including self-determination theory, the common sense model and illness perceptions	- Anna Levke Brütt (Germany) - Felicity Bishop (UK)
T5	Chronic Disease, Pain and Psychosomatic Issues	Health and illness related issues associated with pain, chronic illness, or psychosomatic issues (except interventions, see "Interventions in Chronic Disease" track)	- Ronan O'Carroll (UK) - Sabrina Cipolletta (Italy)
T6	Interventions in Chronic Disease	Interventions delivered to people diagnosed with chronic disease or high risk groups (e.g., hypertension, obesity)	- Alison Wearden (UK) - Ari Haukkala (Finland)
T7	Ageing and Older People	Issues in health and illness related to older age and ageing (e.g., disability, caregiving)	- Lisa Marie Warner (Germany) - Aparna Shankar (UK)
T8	Social Support and Health	The influence of social support on health outcomes	- Mariët Hagedoorn (The Netherlands) - Anne Hickey (Ireland)
T9	Health, Families, and Children	Issues in health and illness associated with development of children and adolescents and with family relations	- Adriana Baban (Romania) - Rachel Shaw (UK)
T10	Well-being and Quality of Life	Health, illness and positive aspects such as positive emotions, life satisfaction, and functioning	- AnnMarie Groarke (Ireland) - Carin Schröder (The Netherlands)
T11	Health Behaviour Change Models	The application of theoretical models (e.g., social cognition models, dual process models) to the prediction of health behaviour; and research on health behaviours.	- Amelie Wiedemann (Germany) - Chris Armitage (UK)
T12	Health Behaviour Change Interventions	Theory-based interventions aimed at health behaviour change	- Lena Fleig (Germany) - Gudrun Sproesser (Germany)
T13	Public Health and Health Promotion	Public health interventions delivered to a group or population, including environmental interventions and interventions at the worksite (for work and health, see "Occupational Health" track)	- Rachel Povey (UK) - Felix Naughton (UK)
T14	Risk Perception and Communication	Perception and communication of health risk, including genetic risk and procession of health-risk information (including self-affirmation)	- Peter Harris (UK) - Anne Marie Plass (The Netherlands)
T15	Health Services Research	Quality of health care, medical performance and medical mistakes, and communication with health professionals (e.g., doctor-patient)	- Holger Schmid (Switzerland) - Sarah Tonkin-Crine (UK)
T16	Culture, Social Change and Health	Cultural or socioeconomic aspects of health and illness, and health effects of social change; critical health psychology	- Antonia Lyons (New Zealand) - Carina Chan (Australia)
T17	Occupational Health	Research on the influence of work and organisational factors and environments on health and disease	- Margot van der Doef (The Netherlands) - Stefan Höfer (Austria)
T18	Psychophysiology, Psychoneuroimmunology and Neurophysiology	Psychobiological aspects of health and illness, psychoneuroimmunology, endocrinology, cardio-vascular psychophysiology and neurophysiology	- Claus Vögele (Luxembourg) - Daniel Powell (UK)
T19	Methodology	Methodological issues in health psychology – techniques, analyses, and critiques, including research on recruitment, informed consent and retention	- Frank Doyle (Ireland) - Alexandra Dima (The Netherlands)
T20	Implementation research	Theory, methods, and evidence to promote the uptake of research findings into routine clinical, organisational or policy contexts	- Jill Francis (UK) - Molly Byrne (Ireland)



**Moderator:** Professor Marion Campbell (University of Aberdeen)  
**Introduction:** Professor Marijn de Bruin (University of Aberdeen)  
**Convenors:** Daniel Powell (University of Aberdeen), Eleanor Bull (NHS Grampian) & Marijn de Bruin

Many of our research studies evaluate behavioural interventions to improve health, but very few of these change health care policy and services. What are the reasons for this; are health psychology interventions not very effective? Are the primary outcomes in trials not relevant to policymakers, practitioners and the public? Are our research grants too small to run large, influential trials? Are key results not disseminated effectively? Or perhaps there is a strong enough science, but the problem lies elsewhere: the absence of a system of professionals adequately trained in delivering high-quality health psychology interventions. Indeed, why are health psychology practitioners still such a scarce resource?

This roundtable will focus on these and related questions, and aims to formulate an agenda for health psychologists, policymakers, patient organisations, and practitioners: what can be done to enhance the impact of health psychology on policy, practice, and people's health and well-being?

Special EHPS/DHP Conference  
Roundtable on Wednesday, 24 Aug/  
18:00-19:15

## ENHANCING THE IMPACT OF HEALTH PSYCHOLOGY ON POLICY AND PRACTICE

📍 Gordon Suite - AECC



**Professor Julie Barnett (University of Bath)** Julie is a Professor of Health Psychology and part of the leadership team of the Institute of Policy Research at the University of Bath. She is particularly interested in the policy challenges for using evidence from qualitative research and the importance for researchers of understanding the policy context.



**Dr Ann Gold (NHS Grampian)** Ann is the Clinical Lead for diabetes at NHS Grampian and has chaired the Scottish Diabetes Group psychology subgroup. She is interested in, and has been actively involved with, the development and roll-out of psychological services and training for health professionals in diabetes care, both locally and nationally.



**Professor Mike Kelly (University of Cambridge)** Mike was Director of the National Institute for Health and Clinical Excellence (NICE) in the UK until 2014, where he led on the production of all public health guidelines, including those related to behaviour change. Mike will focus on getting policymakers to take account of the evidence base, and the predilection of policymakers to seek simple solutions to complex problems.



**Professor Gerjo Kok (Maastricht University)** Gerjo is Professor of Applied Psychology at Maastricht University since 1998. From 1984 to 1998, he was Professor of Health Education. His main interests are applying psychological theories to behaviour change interventions: health promotion, energy conservation, and stigma reduction.



**Professor Brian Oldenburg (University of Melbourne)** Brian is a Professor of Non-Communicable Disease Control and Director of the Centre for Health Equity at the University of Melbourne. He is particularly interested in the challenges around implementing behaviour change principles into programmes and policies in resource-poor settings and countries.



**Mr Eric Sinclair (Stroke Association; NHS Grampian)** Eric is a non-executive member on the Board of NHS Grampian. He is also a member of the Stroke Association's Scotland committee and a writer, blogger, whippet owner, and stroke survivor, with a very personal stake in helping to translate high quality research into high quality patient care.



**Dr Vivien Swanson (NHS Education for Scotland (NES); University of Stirling)** Vivien is Programme Director for the internationally-renowned NES Health Psychology Specialist Practice training programme. Also a Reader in Health Psychology, Vivien is responsible for pioneering work developing a unique programme of health psychology practitioner training in the NHS, and other projects related to behaviour change training and patient safety.

Session Title	Fleming Auditorium	Crombie A Suite	Crombie B Suite	Balmoral Suite	Gordon A Suite	Gordon B Suite	Forbes Suite	Room 10
	Symposium	Oral Session	Symposium	Oral Session	Oral Session	Symposium	Oral Session	
	Emotions and health (T11)* <b>Chair: Lee Shepherd</b>	Self-management interventions in long term conditions (T6) <b>Chair: Brian Oldenburg</b>	Paediatric pain: facing the challenge! (T5) <b>Chair: Brian McGuire</b>	Stress and health: processes and interventions in healthy and clinical populations (T18) <b>Chair: Daniel Powell</b>	Public health: screening and immunisation programmes (T13) <b>Chair: Alison Wright</b>	Engagement and disengagement with digital interventions (T1) <b>Chair: Mary Steele</b>	Promoting healthy eating patterns and associated behaviours (T12) <b>Chair: Barbara Mullan</b>	
09:00	<b>Daryl O'Connor</b> Cortisol reactivity and suicidal behaviour: the role of hypothalamic-pituitary-adrenal axis responses to stress in suicide	<b>Denise Beck</b> Development of a nurse-led self-management intervention for kidney transplant recipients using intervention mapping: the ZENN-study	<b>Line Caes</b> Passive versus active distraction and parental coaching in reducing child pain and distress during venipunctures	<b>Kimberly Dienes</b> The differential impact of interpersonal and health related chronic stress on HPA axis functioning	<b>Benedicte Kirkøen</b> Psychological effects of colorectal cancer screening participation: a randomised trial	<b>Francine Schneider</b> Using a qualitative approach to assess motives for non-uptake and disengagement in digital interventions	<b>Sarah Wilding</b> Questioning behavioural intentions increases both healthy and unhealthy snacking in three studies	
09:15	<b>Rory O'Connor</b> A volitional helpsheet to reduce hospital-treated self-harm: a randomised trial	<b>Yvette Meuleman</b> Self-management support for sodium restriction in patients with chronic kidney disease: randomised controlled ESMO trial	<b>Angeline Traynor</b> Pain management for school age children: design and development of a web-based programme	<b>Gunnthóra Olafsdóttir</b> Walking in nature has a stress-buffering effect on chronic but not acute stress	<b>Marie Kotzur</b> 'Not that one': understanding why women screen for breast and cervical, but not bowel cancer	<b>Katherine Bradbury</b> Improving uptake and engagement in a digital intervention for hypertension	<b>Naomi Kakoschke</b> Modifying approach bias in the health domain: a systematic review of the literature	
09:30	<b>Lee Shepherd</b> The role of emotions in promoting and deterring health behaviours	<b>Liam Knox</b> Quality of life in patients receiving telemedicine enhanced chronic heart failure management: a meta-analysis	<b>Annina Riggensbach</b> Adolescent chronic pain: the influence of autonomy on functional outcomes	<b>Andreas Schwerdtfeger</b> Life satisfaction and cardiovascular reactivity to mental stress	<b>Alison Wright</b> Can the question-behaviour effect enhance uptake of cardiovascular health checks in primary care?	<b>Ingrid Muller</b> Engagement and usage of a digital intervention for people with lower levels of health literacy	<b>Jennifer Schmidt</b> Efficacy of neurofeedback vs. mental imagery for subclinical binge eating is differentially affected by impulsivity	
09:45	<b>Ronan O'Carroll</b> Regrets? I've had a few...	<b>Anna Chisholm</b> The IMPACT Pso Well® practitioner training: motivational interviewing and psoriasis management	<b>Jonathan Egan</b> The relationship between young Irish adults' attachment style, current psychological well-being and somatic pain presentation	<b>Bernhard Weber</b> Cognitive avoidance and the processing of self-threatening information: a neuroimaging study	<b>Cristina Godinho</b> Impact of theory-based messages on intention to vaccinate against pandemic influenza	<b>Mary Steele</b> Usage analysis of engagement in an online weight-management intervention	<b>Katarzyna Byrka</b> Can eating fruits compensate for missing a fitness session? Findings from a clustered controlled trial	
10:00	<b>Denise de Ridder</b> Discussion	<b>Brian Oldenburg</b> Can a digital health program improve diabetes self-management and psychosocial functioning?	<b>Siobhán O'Higgins</b> An interactive illustration of participative research process workshops with youth	<b>Anna Trzcieniecka-Green</b> The relationship between psychological and biological factors in patients with acute coronary syndrome (ACS)	<b>Paul Flowers</b> The HIV self-test for gay men: a mixed methods exploratory study for intervention development	<b>Hein de Vries</b> Differences in user appreciations and effects in Dutch computer tailored interventions	<b>Sophie Schumacher</b> Using mindfulness- and imagery-based techniques to reduce chocolate cravings	
10:15	General discussion	<b>Felicity Bishop</b> Changing patients' beliefs about acupuncture: testing the effects of a new educational website	<b>Edmund Keogh</b> Is it time to take a sex and gender approach to childhood pain?	<b>Lawrence Barsalou</b> A core eating network and its modulations underlie diverse eating phenomena	<b>Radomír Masaryk</b> Collective immunity in the age of individualism: exploring arguments of vaccination opponents	<b>Rik Crutzen</b> Discussion	<b>Sandra van Dijk</b> Effectiveness of a self-regulation intervention for non-western immigrants with a high risk for cardiometabolic disease	
10:30	Coffee Break (Boyd Orr Hall)							

Session Title	Fleming Auditorium	Crombie A Suite	Crombie B Suite	Balmoral Suite	Gordon A Suite	Gordon B Suite	Forbes Suite	Room 10
	Oral Session	Symposium	Symposium	Symposium	Oral Session	Oral Session	Oral Session	Oral Session
	Creating reflective and impulsive choices for health behaviour change (T12) <b>Chair: Britta Renner</b>	On the role of interoception and alexithymia for embodied health (T2) <b>Chair: Olga Pollatos</b>	Choice and control over my body and health? Women's reproductive health in socio-cultural context (T16) <b>Chair: Heidi Preis</b>	Implicit and automatic processes in eating behaviour (T11) <b>Chair: Marleen Gillebaart</b>	Self-regulation of health and illness (T4) <b>Chair: Kirby Sainsbury</b>	Treatment adherence (T5) <b>Chair: Emma Godfrey</b>	Caring and being cared for in later life (T7) <b>Chair: Christina Bode</b>	Measuring and managing stress: assessment and intervention in health (T3) <b>Chair: Daryl O'Connor</b>
11:00	<b>STATE OF THE ART</b>  <b>Denise de Ridder</b> Unresolved questions in nudging research: putting the psychology back in nudging	<b>Delphine Grynberg</b> Impaired categorical perception of emotional facial expressions in alexithymia	<b>Yael Benyamini</b> Introduction: Video presentation and audience engagement	<b>Marleen Gillebaart</b> Effortless diet and exercise: self-control promotes health behaviour by force of habit	<b>Kirby Sainsbury</b> Regaining weight for emotional reasons: relationship with behavioural self-regulation and weight loss strategy use	<b>Agnieszka Bojanowska</b> Barriers to adherence to treatment in chronic illness - patient perspectives	<b>Martine Goedendorp</b> Maintaining effectiveness of the self-management of well-being intervention after implementation in health and social care	<b>Sarit Golub</b> Stress of perceived threat: negative associations between HIV-cognitions and mental health for uninfected gay/ bisexual men
11:15		<b>Zoé van Dyck</b> Gastric interoception and gastric myoelectrical activity in bulimia nervosa and binge eating disorder	<b>Karen Morgan</b> Knowledge of and attitudes to the use of long acting reversible contraceptives among Malaysian women	<b>Jeroen Benjamins</b> Sleep deprivation and food choice: effects of cognition and preference	<b>Michael Daly</b> Childhood self-control predicts trajectories of weight gain and obesity throughout life in two British cohorts	<b>Currie Moore</b> How an ordeal becomes the norm: home haemodialysis patients' experiences of self-cannulation	<b>Heather Locke</b> Developing and delivering a health psychology service across health and social care	<b>Chrysanthi Leonidou</b> Assessing health anxiety with the Greek SHA1: psychometric properties and identification of correlates and predictors
11:30		<b>Sandra Mai</b> Interoceptive accuracy and the heartbeat-evoked brain potential in adolescents	<b>Heidi Preis</b> Adolescents seeking abortions in Israel: a longitudinal study examining health behaviours	<b>Betty Chang</b> Body mass index moderates the effect of social exemplars on food choice	<b>Irmelin Bergh</b> Predictors of physical activity after bariatric surgery - the role of self-regulation abilities	<b>Zoe Moon</b> Understanding barriers to tamoxifen adherence in women with breast cancer: a qualitative study	<b>Rachel Shaw</b> Living well to the end: a phenomenological analysis of life in extra care housing	<b>Viktor Vehreschild</b> Effects of a two-day stress management intervention - an experimental study
11:45	<b>Rebecca Brown</b> Behaviour change, dual processing-models and the ethics of health promotion	<b>Dana Fischer</b> Interoceptive processes in anorexia nervosa in the time course of cognitive-behavioural therapy	<b>Efrat Neter</b> Adjustment in fertility treatments: the role of infertility centrality in women's identity and goal adjustment	<b>Renata Cserjesi</b> Discrepancy between implicit and explicit preferences for food portions in obesity	<b>Timea Berkes</b> Temporal self-regulation theory: some methodological Issues	<b>Emma Godfrey</b> A measure to assess adherence to prescribed home exercise: the Exercise Adherence Rating Scale (EARS)	<b>Christina Bode</b> Shared decision-making in palliative cancer care: a life span perspective	<b>Leanne Duggan</b> Investigating the associations between stress and mindfulness
12:00	<b>Shoji Ohtomo</b> Reduction of unhealthy eating behaviour by diet priming	<b>Eleana Georgiou</b> Describe me your feelings: body illusion related to alexithymia among adolescents	<b>Yael Benyamini</b> Conceptual analysis and empirical test of multi-dimensional perceptions of control in childbirth	<b>Maria Almudena Claassen</b> Poverty & obesity: how poverty and hunger influence food choices	<b>Fuschia M. Sirois</b> Gratitude and health behaviours: the role of future-orientation	<b>Jennifer Moses</b> 'Manage backs' group intervention: applying a biopsychosocial explanation of low back pain at physiotherapy care pathway entry	<b>Caoimhe Hannigan</b> Moderators of the effect of stress exposure on executive functioning in spousal dementia caregivers	<b>Mareile Opwis</b> Rumination, but not suppression contributes to gender effects in non-clinical disordered eating behaviour
12:15	<b>Vanessa Allom</b> Does inhibitory control training protect against the effect of ego-depletion on eating behaviour?	<b>Georgia Panayiotou, Eleana Georgiou</b> Discussion	<b>Irina Todorova</b> Discussion	<b>Marleen Gillebaart</b> Audience discussion	<b>Thomas Janssens</b> Specific sensitivities or general vulnerability? Trigger beliefs moderate acquisition and generalization of symptom expectancies	<b>Zhe Hui Hoo</b> Determinants of objective adherence to nebulised medications among adults with cystic fibrosis	<b>Maria Pertl</b> Mechanisms linking benefit finding and psychological wellbeing in spousal dementia caregivers	<b>Nicole Gunther</b> Interventions to combat and prevent cyberbullying
12:30	Lunch (Boyd Orr Hall) & EHPS Discussion Forum (Crombie B Suite)							

Session Title	Fleming Auditorium	Crombie A Suite	Crombie B Suite	Balmoral Suite	Gordon A Suite	Gordon B Suite	Forbes Suite	Room 10
	Symposium	Oral Session	Symposium	Oral Session	Symposium	Roundtable	Oral Session	Oral Session
	Why we eat what we eat: new findings in eating psychology (T13) <b>Chair: Marijn Stok</b>	Chronic disease and transplantation (T5) <b>Chair: Ronan O'Carroll</b>	Making an impact on older adults' well-being: resources and risk factors for active ageing (T7) <b>Chair: Lisa Marie Warner</b>	Understanding risk, risk perception and risky behaviour (T14) <b>Chair: Anita Kinney</b>	Social exchange processes and their association with couples' health regulation and health-related outcomes (T8) <b>Chairs: Diana Hilda Hohl &amp; Jan Keller</b>	Different perspectives on the conceptualization of motivation for health-related behaviours (T11) <b>Chairs: Robert West &amp; David Williams</b>	Understanding and measuring well-being and quality of life in patient and community populations (T10) <b>Chair: Katrina Forbes-McKay</b>	Delivering healthcare services to meet patients' needs (T15) <b>Chair: Rachael Powell</b>
14:00	<b>Britta Renner</b> The eating motivation survey in three countries: results from the USA, India, and Germany	<b>Chantal Piot-Ziegler</b> Existential questions and modifications in the context of renal transplantation: a qualitative longitudinal research	<b>Lisa Marie Warner</b> Predicting trajectories of physical activity after transition to retirement	<b>Mícheál de Barra</b> Why ineffective medicines appear to work: online medical reviews suggest widespread over-reporting of positive outcomes	<b>Antje Rauers</b> Couples' emotional disclosure and affect after negative events: a combined dyadic experience-sampling and laboratory approach	<b>David Williams, Robert West, Mark Conner, Marie Johnston, Alex Rothman, Susan Michie</b>	<b>Katrina Forbes-McKay</b> Predictors of enhanced mental wellbeing in women 13 months post-miscarriage	<b>Lisa Hynes</b> Testing a theory of clinic attendance behaviour among young adults with type 1 diabetes
14:15	<b>Hanna Konttinen</b> Motives underlying food selection and socioeconomic disparities in vegetable/fruit intake: a 7-year population-based prospective study	<b>Zuzanna Kwissa-Gajewska</b> Effects of gender and type of transplantation on daily affect after hematopoietic stem cell transplantation	<b>Angela Devereux-Fitzgerald</b> Perspectives on physical activity from older adults and exercise programme providers in low socioeconomic environments	<b>Tracy Epton</b> Patterns of defensive responding to health risk information	<b>Janina Lüscher</b> The role of invisible social control for dual-smoker couples' joint quit attempt		<b>Sarah Henderson</b> A salutogenic perspective of wellness: a comparative study of those with and without miscarriage	<b>Lauren Caveney</b> Choice, communication and relaxation: co-designing patient-centred breast diagnostic services
14:30	<b>Gulbanu Kaptan</b> Food evaluations and eating decisions: are judgments contagious?	<b>M. Rita Krespi Boothby</b> Liver transplantation: recipients' evaluation of life from the perspective of living donors	<b>Laura McGowan</b> Acceptability of physical activity to inactive older adults: a systematic review and meta-synthesis	<b>Zsuzsanna Dömötör</b> Modern health worries are not associated with health protective behaviours	<b>Diana Hilda Hohl</b> Co-regulation in the context of physical activity: Inter-relations among social control and self-efficacy in couples		<b>Gogem Topcu</b> Multiple sclerosis carers' views on their quality of life: an interpretative phenomenological analysis	<b>Michelle Holmes</b> Psychosocial mechanisms underpinning PROMs in clinical practice for pain: a realist review and theoretical framework
14:45	<b>Sosja Prinsen</b> Evidence for conflict resolving qualities of self-licensing: an experience sampling study	<b>Iana Alexeeva</b> Cognitive processing of exercise and activity-related information in chronic fatigue syndrome, asthma and healthy controls	<b>Marlène Mélon</b> The effects of vacations on well-being in a large sample of Belgian elderly people	<b>Anita Kinney</b> Psychosocial predictors of genetic testing uptake in a cluster-randomised non-inferiority trial of telephone counselling	<b>Jan Keller</b> Specificity of plans for physical activity: does a planning partner make a difference?		<b>Constance Drossaert</b> Understanding psychological distress and mental well-being in partners of cancer patients: the role of self-compassion	<b>Charikleia Margariti</b> General practitioners' perspectives on prostate cancer patients' discharge from secondary care to primary care
15:00	<b>Marijn Stok</b> Visual deprivation hinders food recognition (but may improve monitoring of consumption quantity)	<b>Sabrina Cipolletta</b> Illness trajectories in patients suffering from ALS: a qualitative study	<b>Ewa Gruszczyńska</b> Heterogeneity of subjective health changes after retirement transition: is meaning in life a protective resource?	<b>Kyra Hamilton</b> Driving through floodwater: exploring driver decisions through the lived experience	<b>Gertraud Stadler</b> Discussion		<b>Karim Mitha</b> The impact of "coming out" on the psychological wellbeing of British Pakistanis with same-sex attraction	<b>Gisela Michel</b> Transition to adult care in survivors of childhood cancer: a review of psychological obstacles
15:15	<b>Jane Ogden</b> Discussion	<b>Aleksandra Dembińska</b> Infertility treatment? Adoption? Remaining childless? Psychological consequences of each decision	<b>Yael Benyamini</b> Discussion	<b>Joanna Bhaskaran</b> Correlates and outcomes of different suicidal ideation presentations in the emergency department: a longitudinal study	General Discussion		<b>Rebecca Knibb</b> Validation of the English version of the Scale for Psychosocial Factors in Food Allergy (SPS-FA)	<b>Rachael Powell</b> Pre-operative psychological interventions' impact on post-surgical pain, affect and hospital stay: systematic review and meta-analysis
15:30	Interactive Posters & Coffee (Boyd Orr Hall)							
17:00	Keynote Lecture (Gordon Suite) <b>John Cacioppo</b> The Social Brain, Health, and Well-Being (Chair: Urte Scholz)							
18:00	Roundtable Policy Makers, Practitioners, Health Psychologists on 'Enhancing the Impact of Health Psychology on Policy and Practice' (Gordon Suite)							



1	<b>eHealth and mHealth 1 (T1)</b> <b>Chair: Theda Radtke</b>
1	<b>Neil Coulson</b> Therapeutic affordances and outcomes of online support groups: an online study of women with endometriosis
2	<b>Eline Smit</b> Web-based computer-tailoring to improve practice nurses' adherence to smoking cessation guidelines: protocol for an RCT
3	<b>Pauline Whitelaw</b> WebParc - Evaluation of a website for parents of children with Juvenile Idiopathic Arthritis (JIA)
4	<b>Camille Vansimaey</b> Ecological momentary assessment of depression, anxiety and coping using smartphones after mild stroke
5	<b>Efrat Neter</b> Acceptability of technology that detects fatigue while driving
6	<b>Sumira Riaz</b> Can a text message programme modify illness and medication beliefs in people with inflammatory disease?
7	<b>Carolyn Deighan</b> A B C digital heart manual: lessons learned
2	<b>Lifestyle, health behaviours, and resilience factors (T2)</b> <b>Chair: Evangelos Karademas</b>
8	<b>Dario Baretta</b> Does personality matter for physical activity and sport involvement?
9	<b>Filipa Pimenta</b> Spontaneous self-concept in successful weight losers – a pluralist qualitative study
10	<b>Junko Seino</b> Effects of beliefs and coping on resilience and stress responses in Japanese nurses
11	<b>Lukas Pitel</b> Personality predictors of health behaviours as means of affective regulation among Slovak health professionals
12	<b>Vineta Silkane</b> Procrastination, discounting and personality traits relations to health behaviour
13	<b>Justina Slavinskiene</b> Attitudes towards risky driving in a sample of traffic offenders: does personality profile matter?
14	<b>Eszter Szemenyei</b> Psychological inflexibility, externalizing and internalizing problems and satisfaction with life in children and adolescents
3	<b>Assessing and combating stress (T3)</b> <b>Chair: Stephanie Archer</b>
15	<b>Stephanie Archer</b> Dimensions underlying the Brief COPE in surgical patients: psychometric construct validation of new scales
16	<b>Fermin Martinez-Zaragoza</b> Validity and feasibility of a nurses' coping questionnaire for its use in ecological momentary assessment
17	<b>Galina Kozhukhar</b> The relationship between hardiness, coping with stress and psychosocial adjustment in adult psychology students
18	<b>Sarah Sturmbauer</b> The ABI-MS: a coping inventory focusing on medical settings
19	<b>Amelie Brinkmann</b> Comparing effectiveness of heart rate variability biofeedback, mindfulness, and mindfulness-based heart rate variability biofeedback for work place stress reduction: a three-armed randomised controlled trial
4	<b>Self-regulation in illness (T4)</b> <b>Chair: Keegan Knittle</b>
20	<b>Zoe Moon</b> Comparing two models of health behaviour to explain tamoxifen non-adherence in women with breast cancer
21	<b>Lilla Nafradi</b> Medication non-adherence in hypertension: the role of health literacy, empowerment and medication beliefs
22	<b>Alison Keogh</b> Physiotherapists' fidelity to delivery of a self-determination theory based, group self-management programme: needs supportive communication
23	<b>Leona Hellwig</b> From day hospital back to school: identifying conditions for successful school reintegration
24	<b>Celeste Bastos</b> Perceived autonomy supportiveness of the health care climate and anxiety in sarcoma patients
25	<b>Keegan Knittle</b> The roles of goal cognitions and goal achievement in behavioural activation treatment for depression
5	<b>Pain (T5)</b> <b>Chair: Brian McGuire</b>
26	<b>Joanna McParland</b> It's not fair. The effects of a recalled injustice on the experience of acute pain
27	<b>María-Ángeles Pastor-Mira</b> Distress, fear of movement, walking behaviour and disability in fibromyalgia
28	<b>Margaret Tilley</b> Investigating the biopsychosocial factors involved in chronic pain in people with a spinal cord injury
29	<b>Yvette Ciere</b> Daily dynamics of positive and negative affect in the context of chronic migraine
6	<b>Chronic disease (T5)</b> <b>Chair: Lisa Mellon</b>
30	<b>Gabriele Helga Franke</b> Disease-specific quality of life: End-Stage Renal Disease Symptom Checklist –Transplantation Module (ESRD-SCL-TM) in "public domain"
31	<b>Maeve Butler</b> The relationship between psychological distress and somatic symptoms in organic neurological disorders
32	<b>Anna Mierzyńska</b> Time is (not) on my side: time-related factors and distress after heart transplantation
33	<b>Aistė Pranckevičienė</b> Impact of depression on cognitive performance of brain tumour patients
34	<b>Christina Schut</b> Cowhage-induced itch is associated with neuroticism in patients with atopic dermatitis
7	<b>Interventions for weight loss (T6)</b> <b>Chair: Jane Ogden</b>
35	<b>Nia Coupe</b> Effect of commitments and contracts on outcomes among obese and overweight populations: a systematic review
36	<b>Emily Finne</b> Predicting long-term success in adolescents' overweight reduction after participation in a lifestyle intervention trial
37	-
38	<b>Kate Lynch</b> Evaluation of a weight management programme for individuals in a forensic, high- secure psychiatric setting
39	<b>Wiebke Goehner</b> 24 months follow-up of a multidisciplinary intervention for obese adults – preliminary results
40	<b>Claire Hamlet</b> Psychosocial versus surgical weight loss interventions and their effect on body image: a systematic review

8	<b>Caregiving in older age: Integrated perspectives (T7)</b> Chair: <b>Noa Vilchinsky</b>
41	<b>Alison Wearden</b> The influence of relatives' expressed emotion on psychological wellbeing in persons with dementia
42	<b>Elaine Cutajar</b> The lived experience of having a parent in a residential home – the daughters' perspective
43	<b>Alison Killen</b> The perceived value of complementary therapy for carers
44	<b>Rachel Shaw</b> "Inside out": developing the MEDREV intervention for carers of people with dementia using COM-B
45	<b>Lorelle Dismore</b> Hospital at home compared to in-patient care in exacerbations of COPD: patients' and carers' perspectives
46	<b>I-Ling Yeh</b> How is autonomy promoted in care home settings from entry to the end of life?
9	<b>Health in the family (T9)</b> Chair: <b>Ester Sleddens</b>
47	<b>Petra Bugl</b> Promoting self-regulation and executive functions in children: evaluating the effectiveness of brief physical activity interventions
48	<b>Izabela Tabak</b> Electronic communication with parents as a predictor of family functioning and adolescents' life satisfaction
49	<b>Zoe Adams</b> The persuasiveness of British accents in enhancing parental self-efficacy to promote children's oral health
50	<b>Manon Florquin</b> Analysis of dyadic relationships between mothers and adolescents cancer survivors using the actor-partner interdependence model
51	<b>Melanie Jagla</b> Siblings of children with autism spectrum disorder. Distressed and restricted in their quality of life?
52	<b>Melanie Jagla</b> Psychoeducation for people with intellectual disabilities and anxiety or schizophrenic disorders
10	<b>Well-being and quality of life in clinical, work and community settings (T10)</b> Chair: <b>Francis Quinn</b>
53	<b>Francis Quinn</b> The social experience of exercise in public places: an exploratory qualitative study
54	<b>Irina Zinovieva</b> Social networks behaviour as predictor of life satisfaction and health-related outcomes
55	<b>Eleni Korovesi</b> Perceived social support as a moderator of QoL and self-efficacy among Greek CKD patients
56	<b>Marie Saramago</b> Reciprocal influences in the adjustment of couples facing return to work after cancer
57	<b>Kate Byrnes</b> The motivations to volunteer in therapeutic care and impact on psychological well-being
58	<b>Melanie Hausler</b> Application of character strengths, work-engagement and burnout: implications for health and well-being in medical education
11	<b>Identifying barriers and facilitators of health behaviour change (T11)</b> Chair: <b>Gareth Hollands</b>
59	<b>Gareth Hollands</b> Ongoing development of a typology of physical micro-environment, or choice architecture, interventions
60	<b>Ella Graham-Rowe</b> Barriers and enablers to diabetic retinopathy screening attendance: a theory-based systematic review
61	<b>Amy Chan</b> Determinants of medication adherence in children presenting to the emergency department with asthma
62	<b>Liuda Sinkariova</b> Motivational process of eating behaviour in diabetes patients: applying theories of planned behaviour and self-determination
63	<b>David Keatley</b> The role of men's body attitudes, implicit, and explicit motivation toward gym attendance
64	<b>Jen MacDonald</b> Predicting and explaining 'at-risk' online older women's condom use intentions using an extended twocomponent TPB
12	<b>Understanding when and how behaviour change techniques work (T11)</b> Chair: <b>Julia Allan</b>
65	<b>Lisa Marie Warner</b> Is there an upward spiral between mastery experiences and self-efficacy during smoking quit attempts?
66	<b>Fanny Lalot</b> To slack off or not to slack off? Regulatory focus moderates paradoxical effects of feedback
67	<b>Corina Mason</b> Does diagnosis of gestational diabetes provide a "teachable moment"?
68	<b>Esther Papies</b> Health goal priming: how to benefit from nonconscious motivational routes to health behaviour
69	<b>Fanny Lalot</b> Regulatory focus moderates the boomerang effect of positive feedback on individuals' further behaviours
13	<b>Interventions targeting implicit and explicit processes (T12)</b> Chair: <b>Dominika Kwasnicka</b>
70	<b>Debbie Bonetti</b> Tailored action planning improves decontamination practice when providers are hugely variant in implementing guidance recommendations
71	<b>Cristina Godinho</b> Psychological, behavioural and clinical effects of Intra Oral Camera use in adults with gingivitis
72	<b>Naomi Kakoschke</b> The effect of approach-avoidance training on approach bias and healthy food intake
73	<b>Dominika Kwasnicka</b> Comparing self-regulatory and automatic processes in a computer-tailored physical activity intervention in frontline healthcare professionals
74	<b>Oulmann Zerhouni</b> Does implementing intentions rely on automatic or controlled processes? A test through inhibitory motor training
75	<b>Sanne Nauts</b> Lights out and off to bed: combining implementation intentions and nudging to combat bedtime procrastination
14	<b>Promoting healthy eating (T13)</b> Chair: <b>Eleni Mantzari</b>
76	<b>Rudolf Schoberberger</b> Obesity among farmers and an effective public health approach for weight reduction
77	<b>Maria D.G.H. Mulders</b> How do people respond to nutrition claims on vegetables? A quantitative and qualitative analysis
78	<b>Fabienne Fasseur</b> University students' dietary practices and significations regarding their health perception: qualitative exploration of discourses
79	<b>David Marchiori</b> Promoting healthy product choices among (aware) cafeteria customers
80	<b>Eleni Mantzari</b> Perceived impact of small-sized bottles of sugar-sweetened beverages on consumption: a qualitative analysis

81	<b>Laura Rennie</b> How you eat doesn't affect what you eat: a study among French adolescents
82	<b>Marja Kinnunen</b> The efficacy of nationally distributed Smart Family - lifestyle counselling method
15	<b>Risk perception, risk communication and understanding risk behaviour (T14)</b> Chair: <b>Anne Marie Plass</b>
83	<b>Rebecca Webster</b> Society's understanding and perception of risk descriptors in medicine
84	<b>Katie Newby</b> Young people's beliefs about the risk of bowel cancer and its link with physical activity
85	<b>Patrícia Arriaga</b> Fear or humour in anti-smoking campaigns? Effects on emotions, perceived effectiveness, and anti-smoking policies
86	<b>Elina Renko</b> How to conduct alcohol screening and counselling? Attitudes of social work professionals and their clients
87	<b>Rasa Markšaitytė</b> Relationship between risky driving attitudes and difficulties in emotion regulation in the sample of driver-learners
88	<b>Justina Slavinskienė</b> Relationship between resistance to peer influence and risky driving attitudes in sample of Lithuanian driver-learners
89	<b>Isher Kehal</b> Contribution of attentional bias, emotional promiscuity, sexual promiscuity, and affective outcome expectancies for condom use
16	<b>Improving mental health services (T15)</b> Chair: <b>Kirstie McClatchey</b>
90	<b>Olga Włodarczyk</b> Mentally ill parents with minor children – a nationwide survey in German adult psychiatric services
91	<b>Kirstie McClatchey</b> Developing a clinically meaningful and feasible suicide risk assessment measure for use in emergency settings
92	<b>Bethan Thibaut</b> A systematic review and expert consensus study of patient safety in mental health
93	<b>Antanas Goštautas</b> Changes in self-harm ideation and self-rated health in depressive patients during hospitalization
94	<b>Kristi Urry</b> Sexual health in the mental health care setting: experiences and perceptions of health care providers
17	<b>Cultural aspects in health and health behaviours (T16)</b> Chair: <b>Paul Flowers</b>
95	<b>Alla Shaboltas</b> Factors associated with sexual risk for HIV among women in Russia
96	<b>Hina Zahid</b> "If you listen to the doctor, you still have to die"
97	<b>Mahati Chittam</b> Illness perceptions, psychological well-being, and unmet needs among Indian parents of children with neurological illnesses
98	<b>Naomi Betts</b> Omani parents' customs, knowledge and beliefs regarding their children's diet and nutrition
18	<b>Occupational health: individual and organisational issues (T17)</b> Chair: <b>Ewa Wilczek-Rużyczka</b>
99	<b>Ewa Wilczek-Rużyczka</b> Selected predictors of occupational burnout of healthcare workers. Implications for interventions
100	<b>Eliane Seidl</b> Social-demographic profile, professional training and practices of psychologists in health services in Brasilia, Brazil
101	<b>Cristina Dan</b> Leadership style in Romanian police. Implications for well-being at work
102	<b>Patrycja Stawiarska</b> The quality of voice emission and the professional burnout among school teachers
103	<b>Jordi Fernández Castro</b> Real-time perception of demand-control and effort-reward related to daily tasks and burnout in nurses
104	<b>Rasa Markšaitytė</b> The importance of work – life balance for well-being of Lithuanian emigrants and non-emigrants
105	<b>Okuta Noriko</b> Development and analysis of effect of the team communication training for Japanese care staffs
19	<b>Psychophysiology of health (T18)</b> Chair: <b>Daryl O'Connor</b>
106	<b>Mathieu Pinelli</b> Priming and prevention of risk taking in winter sports: physiological correlates
107	<b>Ferenc Köteles</b> What makes sense in our body? Psychological and sensory correlates of somatosensory amplification
108	<b>Mareile Opwis</b> The influence of emotion regulation on experiential, expressive, and physiological reactions while experiencing sadness
109	<b>Ines Wolz</b> Electrophysiological correlates of chocolate stimuli in binge disorders and healthy controls
110	<b>Renata Hacklova</b> Emotional, personal and behavioural correlates of arachnophobia
20	<b>Service development and training in implementation research (T20)</b> Chair: <b>Hanna Kampling</b>
111	<b>Stephen McIntyre</b> Use of theory in process evaluations of healthcare professional behaviour change interventions: a systematic review
112	<b>Gulcan Garip</b> Is there scope to use the COM-B model for developing an online health psychology module?
113	<b>Jenny Mc Sharry</b> Students' experiences of studying MSc health psychology programmes in the UK: a qualitative study
114	<b>Karolina Horodyska</b> Critical implementation conditions in interventions and policies for obesity prevention: findings from DEDIPAC case study
115	<b>Hanna Kampling</b> Development and implementation of evidence-based practice guidelines for psychological interventions in post-stroke rehabilitation
116	<b>Sarah Dean</b> Journal clubs for postgraduate health psychology students: experiences and perceived impact on skills development
117	<b>Astrid Coxon</b> Implementing enhanced recovery pathways: a literature review with realist synthesis
118	<b>Alasdair L. Henry</b> From theory based research to service development: integrating behaviour change with psoriasis management
119	<b>Mary McCallum</b> The feasibility of delivering a physical activity intervention for adults within routine diabetes care

Session Title	Fleming Auditorium	Crombie A Suite	Crombie B Suite	Balmoral Suite	Gordon A Suite	Gordon B Suite	Forbes Suite	Room 10	
	Symposium	Oral Session	Symposium	Oral Session	Symposium	Symposium	Oral Session		
	Making an impact on health services: the influence of context on healthcare professional behaviour (T15) <b>Chair: Marie Johnston</b>	Behaviour change in health promotion (T13) <b>Chair: Felix Naughton</b>	Cost-effectiveness and dissemination of Internet interventions for the treatment of somatic and mental health conditions (T1) <b>Chair: Jiaxi Lin</b>	Novel methods for studying behaviour change (T19) <b>Chair: Frank Doyle</b>	Considering the dyad in promoting positive health change: from observation to intervention (T9) <b>Chair: Tracey Revenson</b>	Adherence to medication: measurements and cognitions (T5) <b>Chair: Hein de Vries</b>	Illness and treatment perceptions (T4) <b>Chair: Mariët Hagedoorn</b>		
09:00	<b>Sebastian Potthof</b> The relationship between habit and healthcare professional behaviour: a systematic review	<b>Stephan Dombrowski</b> Effectiveness of motivational interviewing on adult behaviour change: an overview of reviews	<b>Sarah Paganini</b> Economic evaluations of Internet- and mobile-based interventions for depression: a systematic review	<b>Derek Johnston</b> The importance of separating between- and within-person effects as a basis for theory-based intervention	<b>Evangelos Karademas</b> Illness representations and psychological symptoms of couples dealing with cancer: dyadic, interaction and perception-dissimilarity effects	<b>Gerry Molloy</b> Conscientiousness and adherence to oral contraceptives: what are the mechanisms?	<b>Val Morrison</b> The influence of illness perceptions and self-efficacy on emotional outcomes after joint replacement		
09:15	<b>Sarah Tonkin-Crine</b> The influence of context on the antibiotic prescribing behaviour of healthcare professionals: implications for intervention	<b>Emma Norris</b> Virtual traveller: a behaviour change intervention to increase physical activity during primary school lessons	<b>Jiaxi Lin</b> Effectiveness of an online-based acceptance and commitment therapy for chronic pain: a three-armed RCT	<b>Daniel Powell</b> Recall measures overlook information about daily life experience: a focus on fatigue in multiple sclerosis	<b>Tracey Revenson</b> Synchronous improvements in cardiovascular disease risk factors within married couples	<b>Lisa Mellon</b> The INCA (Inhaler Compliance Aid) – validation against established measures of adherence	<b>Pinar Kuecuekbalaban</b> Why lay people use diagnostic self-tests instead of consulting a health professional		
09:30	<b>Cheryl Bell</b> Healthcare behaviours associated with stress in trainee doctors: a real-time investigation of ward rounds	<b>Angel Chater</b> Effective behaviour change techniques to promote physical activity in inactive adults: systematic review and meta-analysis	<b>Joanna Hudson</b> Feasibility evaluation of a tailored online cognitive-behavioural therapy intervention for improving distress in dialysis (iDiD)	<b>Elise Dusseldorp</b> Which combinations of behaviour change techniques are effective? Assessing interaction effects in meta-analysis	<b>Noa Vilchinsky</b> Patients’ relational entitlement, partners’ caregiving style and cardiac patients’ medication taking	<b>Stan Vluggen</b> Adherence to diabetes medication: perspectives of patients and professionals on adherence and involved cognitions	<b>Eliane Seidl</b> Impact of illness perception in the quality of life of Brazilians living with HIV/AIDS		
09:45	<b>Barbara Farquharson</b> A real-time investigation of nursing tasks and stress	<b>Joanna Mitchell</b> Trial of a very brief pedometer intervention to promote physical activity in preventative health checks	<b>Sandra Schlicker</b> Internet- and mobile-based treatment of comorbid depression in chronic back pain patients on sick leave	<b>Maarten Eisma</b> Behaviour change techniques in control groups: development of a treatment-as-usual checklist for smoking cessation trials	<b>Christine Rini</b> Partner support in couples-focused physical activity interventions as a complex, skill-based behaviour affecting behaviour change	<b>Marcia Vervloet</b> The impact of human and social resources on medication and lifestyle adherence: a sociological perspective	<b>Susanne Brandstetter</b> Concerns about medicines predict medication adherence in rheumatoid arthritis after 3 and after 12 months		
10:00	<b>Nick Fahy</b> Using psychological theory to better implement evidence in healthcare: literature review and proposed theoretical framework	<b>DHP AWARD WINNING ABSTRACT</b> <b>Sarah Higgins</b> The effects of nutrition label format on healthier dietary choices: a forced choice eye-tracking study	<b>Anna-Carlotta Zarski</b> An internet-based guided self-help intervention for vaginismus. Results of a randomised controlled proof-ofconcept trial	<b>Mandeep Sekhon</b> Application of a theoretical framework to assess intervention acceptability: a semi-structured interview study	<b>Konstadina Griva</b> Discussion	<b>Carrie McAdam-Marx</b> Differences in common medication adherence measurements illustrated through a diabetes outcomes study	<b>Szilvia Zörgő</b> The psychosocial context of bodily sensations - embodied perception in the setting of alternative medicine		
10:15	<b>Justin Presseau</b> Discussion	<b>Cathrine Pedersen</b> Effects of a worksite intervention on autonomous motivation, exercise and health: a randomised controlled trial	<b>Katherine Bradbury</b> Discussion	<b>Ella Graham-Rowe</b> To what extent do interventions target barriers to change? A novel systematic review method	<b>Tracey Revenson</b> Audience discussion, Q&A	<b>Marijn de Bruin</b> Discussion	<b>Alasdair L. Henry</b> The role of illness beliefs in disrupted sleep in people with psoriasis		
10:30	Coffee Break (Boyd Orr Hall)								



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	Oral Session	Oral Session	Oral Session	Oral Session	Oral Session	Symposium	Oral Session	Oral Session
	Improving health through theory-based behaviour change interventions (T12) <b>Chair: Stephan Dombrowski</b>	Goals and self-management (T4) <b>Chair: James Reynolds</b>	Pain and distress (T5) <b>Chair: Jonathan Egan</b>	Social support and health (T8) <b>Chair: Anne Hickey</b>	Children's and young people's health (T9) <b>Chair: Rachel Shaw</b>	Testing and integrating social cognitive models of health behaviour (change) (T11) <b>Chair: Hein de Vries</b>	Culture, health and illness (T16) <b>Chair: Tina Rochelle</b>	Challenging stress: individual differences and resilience (T3) <b>Chair: Julie Turner-Cobb</b>
11:00	<b>STATE OF THE ART</b>  <b>Sally Pears</b> Behaviour change in primary care: very brief interventions for physical activity	<b>James Reynolds</b> Negative affect associated with goal progress does not lead to health behaviour change	<b>Jahan Heidari</b> Chronic low back pain among athletes: how is it related to physical and mental stress?	<b>Paul Gellert</b> Testing the stress-buffering hypothesis of social support in couples coping with early-stage dementia	<b>Emily Robson</b> An exploration into parental awareness of sugar consumption in children's diets	<b>Pedro Teixeira</b> Motivation and behaviour change techniques based on self-determination theory: a consensus analysis	<b>Kerry Quincey</b> Exploring men's breast cancer experiences through an ethno-photographic lens: a multi-method phenomenological study	<b>Eike von Lindern</b> The role of interdependencies between different settings for perceived psychological distance, health and well-being
11:15		<b>Alicia M. de Vries</b> Goal disturbance and perceived control pre-post renal transplantation relate to distress changes: a longitudinal study	<b>Vari Wileman</b> ACT now! Acceptance & commitment therapy processes are associated with chronic low-back pain (CLBP) disability	<b>Aleksandra Kroemeke</b> Social support and affect: daily associations in patients after haematopoietic stem cell transplantation	<b>Izabela Tabak</b> Social support as a factor protecting adolescents against subjective health complaints related to school stress	<b>Stefanie Gomez Quiñonez</b> The I-Change Model and how it contributes to explaining health behaviour	<b>Tina Rochelle</b> Constructions of masculinity and health behaviour among Chinese and Western men in Hong Kong	<b>Tara Cheetham</b> Development of resilience in young children: a mixed methods dyadic analysis of stress and coping
11:30		<b>Jozef Benka</b> Autonomy support and autonomous functioning in relation to drinking and drinking motivation among university students	<b>Gal Noyman-Veksler</b> The role of pain catastrophizing in eliciting pain, distress, and suicidality among chronic pain patients	<b>Marta Matos</b> Promoting functional autonomy versus dependence in older adults with chronic pain: social support buffering effect	<b>Daniela Husarova</b> Screen-based behaviour and school difficulties among adolescents: the role of sleep problems and dietary habits	<b>Mark Conner</b> Experiential attitude and anticipated affect as influences on health behaviours	<b>Jana Menssink</b> Exploring the mediating role of self-objectification between sexual harassment, disordered eating, and psychological distress	<b>Paula Repetto</b> Are all stressors the same: coping with natural disasters and PTSD
11:45	<b>Eleanor Bull</b> Behaviour change interventions for low-income groups: meta-analysis of behaviour change techniques, delivery and context	<b>Stephen McIntyre</b> Perceptions of blood glucose self-monitoring for non-insulin treated type 2 diabetes: a qualitative interview study	<b>Sónia Bernardes</b> Effects of older adults' preferences for social support of functional autonomy/dependence on chronic pain-related disability	<b>Niamh Gately</b> Operation transformation: facebook's role in shifting participants from behavioural intention to behavioural commitment	<b>Sanne Raghoobar</b> The impact of self-crafting vegetable snacks on children's vegetable liking and consumption	<b>Paul Norman</b> Combining self-affirmation, theory of planned behaviour messages, and implementation intentions to reduce students' alcohol consumption	<b>Periklis Papaloukas</b> Lesbian, gay, bisexual and trans* individuals living with multiple sclerosis: a visual ethnophenomenological exploration	<b>Eleonora C. V. Costa</b> Resource loss moderates the association between child abuse and current PTSD symptoms among women
12:00	<b>Nelli Hankonen</b> Using theory and evidence to increase physical activity: let's move it school-based multi-level intervention	<b>Romana Kadzikowska-Wrzosek</b> Procrastination and sleep insufficiency: the role of self-regulation skills and motivational orientation	<b>Rosalind Adam</b> Cancer pain management: complexities, trade-offs, and implications for pain management interventions	<b>Lesley Ann Hernandez</b> Higher social norms are linked with lower activity enjoyment, particularly for persons with low self-efficacy	<b>Carol Gray Brunton</b> Young men with intellectual disabilities, the HPV vaccine, and constructions of sexual health risk	<b>Hein de Vries</b> Discussion	<b>Briony Hudson</b> Challenges and recommendations in increasing homeless persons' access to palliative care: an international systematic review	<b>Aistė Pranckevičienė</b> Academic burnout and stigma of help seeking in Lithuanian psychology and social works students
12:15	<b>Falko Sniehotta</b> Effects of a weight loss maintenance intervention on eating behaviours and theoretical mediators: NULevel RCT	<b>Sanne Nauts</b> A typology of bedtime procrastinators	<b>Lyndsay Hughes</b> Exploring factors related to psychological distress in inflammatory bowel disease: a qualitative study	<b>Andrea B. Horn</b> I and We-ruminative self-focus and well-being in couples and wellbeing	<b>Jaroslava Kopcakova</b> Is school-environment and degree of urbanization supportive for being more physically active and less sedentary?	<b>Hein de Vries</b> Audience engagement activity	<b>Michèle Baumann</b> Analysing life satisfaction of immigrants benefitting from the welcome and integration contract in Luxembourg	<b>Helena Wrona-Polanska</b> Subjective and objective health of patients with leukaemia after bone marrow transplantation - psychological predictors
12:30	Lunch (Boyd Orr Hall) & EHPS Members Meeting (Crombie B Suite)							

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	Symposium	Roundtable	Symposium	Oral Session	Symposium	Symposium	Roundtable	Oral Session
	From theory-inspired to theory-based interventions: linking behaviour change techniques to their mechanisms of action (T11)  <b>Chair: Marijn de Bruin</b>	Health promotion among musicians: opportunities for health psychology (T12)  <b>Chairs: Raluca Matei &amp; Jane Ginsborg</b>	Implicit cognitions in health behaviour change (T11)  <b>Chair: Martin Hagger</b>	eHealth and mHealth interventions (T1)  <b>Chair: Hilde van Keulen</b>	Parental influences on childhood obesity (T9)  <b>Chair: Gill ten Hoor</b>	<b>6<sup>th</sup> methods in health psychology symposium:</b> Measurement in health psychology: combining theory, qualitative, and quantitative methods to do it right (T19)  <b>Chair: Gjalt-Jorn Ygram Peters</b>	Health psychology practice in Europe: taking stock and moving forward together (T20)  <b>Chairs: Molly Byrne &amp; Vivien Swanson</b>	Health outcomes and illness perceptions (T5)  <b>Chair: Diane Dixon</b>
14:00	<b>Susan Michie</b> The application of theory to designing and evaluating interventions to change behaviour	<b>Ann Shoebridge, Naomi Norton, Jill Francis, Agneta Larsson, Raluca Matei</b>	<b>Tanya Berry</b> The relationship of implicit health or appearance associations to explicit motives and adherence to exercise	<b>Teresa Corbett</b> Development of a theory based online intervention for post-treatment cancer survivors	<b>Fiona Gillison</b> The association between parent-child weight-communication and indicators of children's wellbeing: a meta-analysis	<b>Gjalt-Jorn Ygram Peters</b> Pragmatic nihilism: how a theory of nothing can help health psychology to progress	<b>Molly Byrne, Vivien Swanson, Barbara Mullan, Rudolf Schoberberger, Angelos Kassianos</b>	<b>Diane Dixon</b> Developing a theoretical framework of health outcomes: how are health outcomes related?
14:15	<b>Rachel Carey</b> Links between behaviour change techniques and mechanisms of action: evidence from the published intervention literature		<b>Carolyn Muschalik</b> The moderating role of implicit attitudes on intention and physical activity behaviour	<b>Hilde van Keulen</b> Effects of online tailored education on informed HPV-vaccination decision making among mothers of invited girls	<b>Karolina Horodyska</b> Effects of child and parental perceptions of obesogenic environment on diet, exercise, and body fat	<b>Anne Marie Plass</b> Valid or not valid that's the question: the limited validity of measurement instruments 'proven valid'		<b>Emma Berry</b> Illness perception clusters are useful determinants of diabetes distress in adults with type 2 diabetes
14:30	<b>Marie Johnston</b> Links between behaviour change techniques and mechanisms of action: examining experts' consensus		<b>Britta Renner</b> Implicit social cues and food intake	<b>Emma Carr</b> Investigating the efficacy of a smartphone application: breast awareness and breast cancer worry	<b>Ester Sleddens</b> Validation of the comprehensive general parenting questionnaire and associations with children's overweightrelated behaviour and BMI	<b>Rik Crutzen</b> Scale quality: alpha is an inadequate estimate and factor-analytic evidence is needed firstly		<b>Angeliki Bogosian</b> Adjustment to a progressive disease over time: a 2-year longitudinal qualitative study
14:45	<b>Alexander Rothman</b> Does expert consensus reflect the literature? Triangulation of results from the theories and techniques project		<b>Sabina Pereira</b> Do social groups have an automatic impact on smoking?	<b>Amy Chan</b> Patient acceptability and reliability of an electronic adherence intervention in asthma	<b>Gill ten Hoor</b> Aerobic and strength exercises for youngsters aged 12 to 15: what do parents think?	<b>Alexandra Dima</b> The revealing structure of concepts: R-based 6-step analysis for health psychology research		<b>Erik Taal</b> Longitudinal relations between changes in self-efficacy and positive adaptation in patients with polyarthritis
15:00	<b>Mike Kelly</b> Discussion: Reflections from within the team		<b>Gareth Hollands</b> Impact of presenting images of foods with images of health consequences on attitudes and choices	<b>Aleksandra Herbec</b> Use of the behaviour change wheel to develop an application supporting adherence to nicotine replacement therapy	<b>Gerjo Kok</b> Audience discussion, Q&A	<b>Chris Gibbons</b> Introducing Concerto, an open-source platform designed to realise the potential of modern measurement theories		<b>Hannah Bowers</b> Emotional suppression and distress mediate the relationship between beliefs about emotions and outcomes in fibromyalgia
15:15	<b>Karina Davidson</b> Discussion: Reflections from outside the team		<b>Hein de Vries</b> Discussion	<b>Jelena Kolesnikova</b> Integrative theoretical model of e-interventions for Riga Stradins University (Latvia) students	Discussion	<b>Frank Doyle</b> Discussion and integration		<b>Katrin Hulme</b> Predictors of on-going fatigue after acute infection: a systematic review
15:30	Interactive Posters & Coffee (Boyd Orr Hall)							
17:00	<b>Keynote Lecture (Gordon Suite)</b> <b>Marie Johnston</b> Making Behavioural Science fit for Behaviour Change Interventions (Chair: Gerjo Kok)							
19:30	<b>Conference Dinner (Beach Ballroom - Beach Promenade)</b>							

1	<b>eHealth and mHealth 2 (T1)</b> Chair: <b>Felix Naughton</b>
1	<b>Bethan Davies</b> The mental health first aid eLearning course for medical students: a pilot evaluation study
2	<b>Chantal Martin-Soelch</b> Cancer-patients' and relatives' needs for online information: quality evaluation and Influence on patient-doctors' relationships
3	<b>Olga Perski</b> Engagement with digital behaviour change interventions: a structured review using techniques from critical interpretive synthesis
4	<b>Stefanie Ebel</b> Seeking for health-related information on the internet: expert-based toothbrushing recommendations on German websites
5	<b>Sophie Lelorain</b> Investigation of the health benefits of an internet personalized program in obese pregnant women
6	<b>Garrett Greene</b> Novel technology and analysis techniques for monitoring COPD treatment adherence using the Inhaler Compliance Aid
2	<b>The many faces of stress (T3)</b> Chair: <b>Christina Schut</b>
7	<b>Christina Schut</b> High levels of stress go along with more skin symptoms: a study in German students
8	<b>Evangelos Karademas</b> Financial strain, dyadic coping and couples' well-being: a dyadic mediation study in Greek couples
9	<b>Svetlana Burkova</b> The relationship between different changes in personality under acute stress
10	<b>Eleonora C. V. Costa</b> Predictors of emotional distress in pregnant women: the mediating role of relationship intimacy
11	<b>Helena Wrona-Polanska</b> Coping with stage fright and health of students from music schools
12	<b>Francesco De Paola</b> The effect of qualitative job insecurity on work engagement: testing moderating role of organization-based self-esteem
13	<b>Filomena Ponte</b> Loss of resources, health habits, self-esteem and psychological health of victims of intimate partner violence
3	<b>Self-regulation in health behaviours (T4)</b> Chair: <b>Fuschia M. Sirois</b>
14	<b>Fuschia M. Sirois</b> Rumination and health behaviours: a self-regulation resource perspective
15	<b>Amir Ghoniem</b> Desire escalation - an interactive model of desire emergence
16	<b>Megan Bean</b> Does ruminative responding to a health behaviour goal failure reduce health behaviour intentions?
17	<b>Amir Ghoniem</b> A neglected spot in self-control - the influence of attitudes towards impulses on self-control
18	<b>Heather Semper</b> Exploring the experiences of managing and monitoring diet and weight: an IPA analysis
19	<b>Val Morrison</b> Matching and accepting assistive technology in MS: the perspective of patients, carers and OTs
4	<b>Cognition and emotion in chronic illness (T5)</b> Chair: <b>Maryanne Martin</b>
20	<b>Camille Vansimaey</b> Predictors of anxiety and depression after a mild stroke: a pilot one-year follow-up study
21	<b>Alexis Ruffault</b> Examination of binge eating disorder criteria in an obese patient population in Paris area
22	<b>Maryanne Martin</b> Food intolerance – evidence for functional somatic syndrome?
23	<b>Claire Willis</b> The role of emotions in the perpetuation of symptoms and disability in chronic fatigue syndrome
24	<b>Renata Szemerszky</b> Somatic symptom distress and holistic thinking style are the major dimensions behind IEI-EMF
25	<b>Radka Massaldjieva</b> Prevalence and severity of cognitive impairment in HIV- positive adults, with and without antiretroviral therapy
26	<b>Maryanne Martin</b> Observer perspective in autobiographical memory predicts symptom severity in CFS/ME
5	<b>Coping with chronic illness (T5)</b> Chair: <b>David Keatley</b>
27	<b>Johanna Unglik</b> Emotional feeling, coping strategies and apathy in amyotrophic lateral sclerosis
28	<b>Jennifer Hammond</b> Coping in children and adolescents with a food allergy – a systematic review
29	<b>Marlène Mélon</b> Emotional distress counteracts the positive effects of health literacy on diabetes self-management
30	<b>Loek van der Donk</b> Is type of depressive symptoms related to need for psychological treatment and efficacy of treatment?
31	<b>Inese Lietaviete</b> The costs and benefits of various coping forms with cancer: self-efficacy and trauma symptoms
32	<b>Iana Alexeeva</b> Activity perception in chronic fatigue syndrome and asthma: development of a new measure
33	<b>Kristina Žardeckaitė-Matulaitienė</b> Prediction of students' social distance towards mentally ill using affective and cognitive components of stigma
6	<b>Interventions to enhance help-seeking and well-being (T6)</b> Chair: <b>Konstadina Griva</b>
34	<b>Catherine Hurt</b> Development of an online intervention to increase help-seeking in Parkinson's disease
35	<b>Claire Hamlet</b> Psychosocial interventions for quality of life and wellbeing in adults with neuromuscular disorders: systematic review
36	<b>Aleksandra Dembińska</b> Mindfulness Based Stress Reduction in Infertility (MBSR-I) – information on the implementation of a new method
37	<b>Anne-Marie Etienne</b> Patients care pathway in a radiotherapy service through a new architectural project: the waiting rooms
7	<b>Emotions and cognitions in later life (T7)</b> Chair: <b>Eleonora Bielawska-Batorowicz</b>
38	<b>Anna Pietrasińska</b> The effects of manipulation with positive, negative, neutral stereotypes about aging on expectations regarding aging
39	<b>Eleonora Bielawska-Batorowicz</b> Relationships between beliefs on menopause and menopausal symptoms. The prospective study with Polish women
40	<b>Caroline Tandetnik</b> Association between subjective cognitive decline and Young's early maladaptive schemas

8	<b>Social support and health (T8)</b> Chair: Alison Wearden
41	<b>Ligia Lima</b> Social support and medication adherence in older adults
42	<b>Celeste Bastos</b> Social support and depression in sarcoma patients, in different phases of disease
43	<b>Kimberly Dienes</b> The relationship of partner support and expressed emotion to cortisol reactivity in a community sample
44	<b>Jessica de Wit</b> A psychosocial intervention to support ALS informal caregivers: study protocol for a randomised controlled trial
45	<b>Irena Milaniak</b> Relationship between types of social support, coping strategies, and depression in individuals after heart transplantation
46	<b>Márcia Cruz</b> Social support and anxiety in nursing students in clinical teaching
47	<b>Joseph Keenan</b> Experiences of palliative care patients accessing psychosocial support through telehealth
9	<b>Parental health behaviour (T9)</b> Chair: Maria Karekla
48	<b>Anna Januszewicz</b> The use of parental support-related self-regulatory strategies, family environment, and children's nutrition
49	<b>Tony Cassidy</b> Psychosocial predictors of IVF success: a one year follow-up study
50	<b>Pascal Antoine</b> Pilot mindfulness based intervention for children born with oesophageal atresia
51	<b>Elisabeth Spitz</b> Psychological adjustment of a couple after the disclosure of a diagnosis of foetal anomaly
52	<b>Kazuyo Mori</b> Effects of the introductory coaching workshop for parents
53	<b>Hannachi Nawel</b> Depression and perceived autonomy support during pregnancy as a predictor of poor mother-infant bonding
54	<b>Elisabeth Spitz</b> Prenatal diagnostic of a foetal anomaly: coping strategies and postnatal adjustment to parenthood
55	<b>Elena Nikolaeva</b> An internal picture of health and the system of a control over the health-promoting behaviour
10	<b>Quality of life and well-being in clinical populations (T10)</b> Chair: Rachael Powell
56	<b>Nicola Gartland</b> Quality of life and help-seeking for possible cancer symptoms: a systematic review
57	<b>Gurkiran Birdi</b> The impact of atopic dermatitis on quality of life in adults: a systematic review
58	<b>Kayo Konuma</b> The influence of an active lifestyle on the quality of life of stroke patients
59	<b>Kate Brookie</b> The effect of fruit and vegetable consumption on psychological wellbeing in young adults
60	<b>Lydia Aston</b> Development of quality of life (QoL) scales for patients affected by Niemann-Pick disease type C
61	<b>Carolina Catunda</b> Impact of disease perception: coping strategy, quality of life of people living with HIV
11	<b>Biopsychosocial influences on health behaviour change (T11)</b> Chair: Pamela Rackow
62	<b>Chelsea Christie</b> Vegetarians lead the way: the influence of relationships on food choice
63	<b>Lynn Williams</b> The impact of perceived social norms on hand-washing behaviour in a UK student sample
64	<b>Jelena Kolesnikova</b> The relation of personality, smoking, and physical activity in the general population
65	<b>Anne-Marie Selzler</b> Comparing motivational characteristics across activity contexts: a self-determination theory perspective
66	<b>Daniel Powell</b> Snacking in context: we're not all the same
67	<b>Chelsea Sawyer</b> Clinical and psychological correlates of hearing aid use
68	<b>Cleo Protogerou</b> An integrated theoretical model of young peoples' condom use in sub-Saharan Africa
12	<b>Understanding and improving quality of life (T11)</b> Chair: Melanie Jagla
69	<b>Monika Boberska</b> Associations between sedentary behaviours and quality of life: a systematic review
70	<b>Yasuo Shimizu</b> Development of a stress management behaviour model based on HAPA for Japanese high school students
71	<b>Julie Doherty</b> The factors influencing moderate intensity and strengthening activity intentions across the menopausal transition
72	<b>Isabel Cuadrado-Gordillo</b> Self-perceived cyberbullying of Spanish adolescents: underlying mechanisms
13	<b>Promoting health, well-being, and health behaviour (T12)</b> Chair: Lena Fleig
73	<b>Rekesh Corepal</b> Behavioural incentive interventions for health behaviour change in 5-18 year olds: systematic review and meta-analysis
74	<b>Lena Fleig</b> Who benefits from a single-arm online intervention to improve physical activity? A longitudinal pilot study
75	<b>Anthony Whalley</b> Acceptance and commitment-based approaches for promoting physical activity: a systematic review and narrative synthesis
76	<b>Koji Takenaka</b> Community intervention to recruit target audiences and enhance their physical activity in Japan
77	<b>Kathrine Gibson Smith</b> Health behaviours in offshore workers: exploration of behavioural determinants using the Theoretical Domains Framework (TDF)
78	<b>Joachim Bervoets</b> TrainyourMind: enhancing executive functions among elementary school children to promote physical and mental well-being
79	<b>Boris Brandhorst</b> Effectively influencing students' possible selves: a pilot study
14	<b>Theory-based approaches to facilitate behaviour change (T12)</b> Chair: Hanna Kontinen
80	<b>Lisa Cowap</b> Classroom-based healthy eating workshops: are targeted motivational and volitional techniques effective at facilitating behaviour change?
81	<b>Lydi-Anne Vézina-Im</b> Psychosocial intervention to promote fruit and vegetable intake among at-risk women: moderation by intention stability
82	<b>Sophie Schumacher</b> Testing cognitive defusion and guided imagery as food craving reduction techniques in the field



83	<b>Riya Patel</b> 'Addressing spirituality with healthy eating education works:' participants' experiences of a Christian weight management programme
84	<b>Riya Patel</b> Taste and see: a church-based, intuitive eating programme: preliminary results of a mixed methods study
85	<b>Lindsay Sullivan</b> The development of lasting impact: a theory-based concussion education programme
86	<b>Lindsay Sullivan</b> An evaluation of lasting impact: a concussion education programme for youth athletes

15	<b>Risk behaviours and health promotion (T13)</b> Chair: Katherine Brown
87	<b>Maria Lizabete Souza</b> The school in the prevention of alcohol and drug abuse: a preliminary study
88	<b>Marcel Pieterse</b> Substance use prevention in special education: effectiveness of the Dutch 'healthy school and drugs' intervention
89	<b>Gareth O'Halloran</b> Audit of smoking cessation service at Hammersmith and Fulham's Improving Access to Psychological Therapies (IAPT)
90	<b>Periklis Papaloukas</b> Health interventions for black and minority ethnic men who have sex with men: an evaluation
91	<b>Holly Martin-Smith</b> Exploring the knowledge, attitudes and behaviours of university students regarding STI screening
92	<b>Inmaculada Fernández-Antelo</b> Thoughts and feelings about the reality of dating violence in Spanish adolescents
93	<b>Katherine Brown</b> REPLACE2: Community-based intervention development and pilot evaluation addressing FGM in Europe
94	<b>Bernardette Bonello</b> Predictors of bowel scope (flexible sigmoidoscopy) screening knowledge: findings from a retrospective survey

16	<b>Patient-centred healthcare (T15)</b> Chair: Karen Morgan
95	<b>Anne-Emmanuelle Krieger</b> Sexuality in patients with autism: how do educational and paramedical staff deal with it?
96	<b>Edyta Charzyńska</b> Readability of web-based patient education materials from the Polish Ministry of Health
97	<b>Sandrine Roussel</b> Links between perceptions of the health-care professionals and their patient education practices: a systematic review
98	<b>Hannah Dale</b> Supporting staff and patients to move towards collaborative care; integration of behavioural health consultants
99	<b>Nicola Kayes</b> What matters most to the therapeutic relationship in neurorehabilitation?
100	<b>Sian Williamson</b> The communication of benign biopsy results in the NHS breast screening programme
101	<b>Sophie John</b> How psychological science can inform the quality of health communication in midwifery practice

17	<b>Training healthcare professionals (T15)</b> Chair: Justin Presseau
102	<b>Fabiana Lorencatto</b> Seeing new opportunities to help smokers quit: optometrist delivered behavioural support interventions
103	<b>Kate Jansen</b> Teaching communication in medicine, what psychologists are doing and how we can be better
104	<b>Bethan Thibaut</b> Effective use of feedback for professional behaviour change and quality improvement in healthcare
105	<b>Kirsty Killick</b> Role congruence in pharmacists' provision of weight loss advice to overweight patients with cardiovascular disease
106	<b>Rie Ishikawa</b> Efficacy of a coaching psychology-based intervention for public health nurses
107	<b>Delyth James</b> Preparing undergraduate pharmacists for practice: supporting patient adherence to medication
108	<b>Marie-Carmen Neipp</b> Questions as intervention: differences between solution-focused and problem-focused questions

18	<b>Methods and measurement tools (T19)</b> Chair: Alexandra Dima
109	<b>Federica Picariello</b> Measuring fatigue in haemodialysis patients: psychometric properties of the Chalder Fatigue Questionnaire (CFQ)
110	<b>Christopher O'Donnell</b> Utilising the induced change blindness paradigm to investigate implicit food processing in restrained eaters
111	<b>Eszter Ferentzi</b> Investigating different measures of interoception
112	<b>Mohammad Zabri Johari</b> Perception of body mass in Malaysia: an initial pilot of a Body Image Scale (BIS)
113	<b>Kerry Quincey</b> Combining photographs with interviews in the context of phenomenological research around chronic illness: an evaluation
114	<b>Carol Gray Brunton</b> Critical discursive psychology as methodology for exploring ambivalence around the HPV vaccine amongst marginalised groups

19	<b>Clinical studies in implementation research (T20)</b> Chair: Jenny Mc Sharry
115	<b>Alison Keogh</b> Physiotherapists' fidelity to delivery of a theory-driven group based self-management programme: behaviour change techniques
116	<b>Jacqueline Lavallee</b> Preventing pressure ulcers in nursing homes using a care bundle
117	<b>Ivana Oracova</b> Investigating the fidelity of a community-based physical activity intervention
118	<b>Ingrid Titzler</b> Barriers to and facilitators for referral to blended internet-based depression treatment in primary care
119	<b>Grant J. McGeechan</b> Real time suspected suicide early alert system: a case study approach

Session Title	Fleming Auditorium	Crombie A Suite	Crombie B Suite	Balmoral Suite	Gordon A Suite	Gordon B Suite	Forbes Suite	Room 10
	Roundtable	Oral Session	Symposium	Oral Session	Symposium	Symposium	Oral Session	
	Challenges in assessment in health psychology (T19) <b>Chairs: Yael Benyamini &amp; Evangelos Karademas</b>	Temporal and social processes in health behaviour change (T11) <b>Chair: Paul Norman</b>	Goal management in chronic illness - from assessment to intervention (T4) <b>Chair: Yvette Ciere</b>	Interventions for long term conditions across the life span (T6) <b>Chair: Rachel Rahman</b>	Risk communication and behaviour - in context of genetic and personalised information (T14) <b>Chair: Ari Haukkala</b>	Systematic reviews of behaviour change interventions: using BCT taxonomies for evidence synthesis (T12) <b>Chair: Milou Fredrix</b>	Advances in eHealth and mHealth (T1) <b>Chair: Efrat Neter</b>	
09:00	Yael Benyamini, Evangelos Karademas, Aleksandra Luszczynska, Sofia López-Roig, María-Ángeles Pastor, Ronan O’Carroll, Marie Johnston	<b>Rachel Evans</b> Using temporal self-regulation theory to predict healthy and unhealthy eating intentions and behaviour	<b>Natalie Stefanic</b> Coping with personal goal disturbance in the context of breast cancer: key findings and implications	<b>Barbara Johnson</b> Age-specific self-management skills training: young people’s experiences of type 1 diabetes education	<b>Martina Gamp</b> Contagious risk and social precautionary withdrawal behaviour	<b>Milou Fredrix</b> Goal-setting as a behaviour change technique in diabetes self-management: a systematic review of intervention studies	<b>Laura König</b> Attitudes and eye movements during vegetable choice tasks	
09:15		<b>Sofie van Rongen</b> What do adolescents think that their peers are eating at school?	<b>Yvette Ciere</b> How do patients with chronic headache manage their personal goals? - a qualitative study	<b>Marta Krasuska</b> An educational course for young people with type 1 diabetes: impact on self-management and well-being	<b>Theresa Marteau</b> Impact of communicating genetic risk estimates on risk-reducing health behaviour: systematic review with meta-analysis	<b>Mei Yee Tang</b> Self-efficacy in the initiation of physical activity in clinical samples: a systematic review with meta-analysis	<b>Fiona Fylan</b> Designing a personal health record to achieve behavioural change	
09:30		<b>Helge Giese</b> Temporal and individual differences in the perception accuracy of college peers’ alcohol consumption	<b>Stefaan Van Damme</b> How to cope with multiple sclerosis: goal adjustment or persistence?	<b>Wiebke Goehner</b> Quasi-experimental pilot trial: 6 months follow-up of a multidisciplinary intervention for obese adults	<b>David French</b> Can communicating personalized disease risk promote healthy behaviour change? A systematic review of systematic reviews	<b>Marta Marques</b> Digital weight management lifestyle interventions in adults: systematic review of behaviour change theories and techniques	<b>Jorinde Spook</b> Factors determining physical activity of emerging young adults: a mobile-based Ecological Momentary Assessment (mEMA) study	
09:45		<b>Nicola Black</b> Predicting heavy episodic alcohol drinking using an extended temporal self-regulation theory	<b>Christina Bode</b> Goal management intervention for polyarthritis patients with mild depressive symptoms: results from a quasiexperimental study	<b>Rachel Rahman</b> Patient and professional acceptability of telehealth to monitor COPD and diabetes	<b>Ari Haukkala</b> Informing cancer risk via index patients or direct healthcare contacts - challenges for risk communication	<b>Ellinor Olander</b> Using the CALO-RE taxonomy to identify behaviour change techniques associated with physical activity in pregnancy	<b>DHP AWARD WINNING ABSTRACT</b>  <b>Olga Perski</b> Understanding engagement with a novel smoking cessation smartphone application: an exploratory analysis of usage data	
10:00		<b>Patrick Murphy</b> The HIV revelation model: predicting the disclosure of HIV seropositivity during casual sex between men	<b>Joke Fleer, Yvette Ciere</b> Discussion/audience activity: Assessment of goal management	<b>Lenneke van Genugten</b> An online intervention to maintain physical activity levels in COPD patients after pulmonary rehabilitation	<b>Edwin Meeuwen</b> Preconception carrier screening in the Netherlands: high societal support, low perceived risk	<b>Fabiana Lorencatto</b> Applying the BCT taxonomy to code sedentary behaviour reduction interventions: challenges and reflections	<b>Dirk Lehr</b> Web-based interventions for mental health promotion in employees: a systematic review and meta-analysis	
10:15		<b>Winifred Gebhardt</b> There is no time like the future: a systematic literature review of possible selves theory	<b>Joke Fleer</b> Discussion	<b>Linda Dubrow-Marshall</b> Impact of mindfulness-based stress reduction on depression, anxiety and stress in people with Parkinson’s disease	<b>David Hevey</b> Discussion	<b>Jenny Mc Sharry</b> Discussion	<b>Theda Radtke</b> Timeout from smartphone use – Impact on adult employees’ work and health-related variables	
10:30	Coffee Break (Boyd Orr Hall)							

Session Title	Fleming Auditorium	Crombie A Suite	Crombie B Suite	Balmoral Suite	Gordon A Suite	Gordon B Suite	Forbes Suite	Room 10
	Oral Session	Oral Session	Oral Session	Oral Session	Oral Session	Symposium	Oral Session	Oral Session
	Health behaviour change interventions in health care: patients and providers (T12) <b>Chair: Chris Armitage</b>	Culture, health, behaviours and beliefs (T16) <b>Chair: Heather Buchanan</b>	Coping and managing chronic illness (T5) <b>Chair: Rona Moss-Morris</b>	Individual correlates of health-related resilience (T2) <b>Chair: Christina Lee</b>	Interventions for healthcare professionals (T15) <b>Chair: Sarah Tonkin-Crime</b>	Social support and beyond: social co-regulation and health-related outcomes in couples and close others (T8) <b>Chair: Nina Knoll</b>	Maintaining health and well-being in older age: the role of strategy use and health (T7) <b>Chair: Clare Cooper</b>	Occupational health: determinants and interventions (T17) <b>Chair: Margot van der Doef</b>
11:00		<b>Natascha de Hoog</b> Socioeconomic status and health compromising behaviour: it's all about perception	<b>Gabriele Helga Franke</b> The Essen Coping Questionnaire (ECQ) in "public domain"	<b>Christina Lee</b> Longitudinal relationship trajectories of young Australian women: are they associated with physical and mental health?	<b>Eline Smit</b> Practice nurses' adherence to smoking cessation guidelines and needs for web-based support: a needs assessment	<b>Caterina Gawrilow</b> Social support and life satisfaction in first semester students	<b>Christine Roberts</b> Effect of physical activity characteristics on activities of daily living in older adults: systematic review	<b>Annalisa Casini</b> Professional recognition as protective factor against burnout
11:15	<b>STATE OF THE ART</b> <b>Karina Davidson</b> Planning and implementing an n of 1 behaviour change service: innovative health services research	<b>Tasneem Patel</b> Investigating health professionals' experiences of South Asian patients' adherence to self-management with type 2 diabetes	<b>Hannah Dale</b> Antecedents, appraisal, coping, and legitimisation: factors affecting help seeking in men with cancer	<b>Noa Vilchinsky</b> Personality makes a difference: attachment orientation moderates theory of planned behaviour prediction of medication adherence	<b>Tayana Soukup</b> Evaluating and improving multidisciplinary team working in breast cancer: the consensus approach to behaviour change	<b>Gertraud Stadler</b> Social support and survival: mixed methods study of blood and lymphoid cancer patients after transplant	<b>Leah Avery</b> Barriers and enabling factors to participation of older adults in physical activity/exercise prior to surgery	<b>Maria Soria</b> Effects of work load on decision making in the workplace: implications for work health status
11:30		<b>Andrej Belak</b> Health-mediation for segregated Roma: evaluation of a community-based participatory program in Slovakia	<b>Philippa Tollow</b> The importance of relationships in patient experiences of leg ulcer treatment	<b>Lilla Nafradi</b> How can social connectedness foster patient resilience? Implications for health care practice and health campaigns	<b>Chris Keyworth</b> Supporting healthcare professional behaviour change through personalized feedback: a qualitative study of doctors' prescribing practices	<b>Beate Ditzen</b> Co-regulation of fatigue and biopsychological stress measures in couples' everyday lives	<b>Elise Crayton</b> Psychological determinants of medication adherence in stroke survivors: a systematic review of observational studies	<b>Ailsa Niven</b> Understanding sedentary behaviour in office workers: a qualitative study using the COM-B model of behaviour
11:45	<b>Claire Scott</b> Behaviour-change techniques in pharmacy interventions: systematic review identifying opportunities for increased effectiveness and improved reporting	<b>Mahati Chittem</b> Miles to go before we sleep: how illness experiences shape health behaviours in India	<b>Heike Spaderna</b> Fear of movement in patients with heart failure - correlates and associations with accelerometry data	<b>Marc Bénard</b> Association between impulsivity and weight status in a general population	<b>Rita Morais</b> The gender awareness approach in health: a scoping review	<b>Urte Scholz</b> The role of positive and negative social control for physical activity, reactance and affect	<b>Jennifer Dryden</b> A systematic review of studies examining the selection, optimisation and compensation model in older adults	<b>Nijole Gostautaitė</b> Stress and subjective health as indicators of psychological intervention need among firefighters in Lithuania
12:00	<b>Sheina Orbell</b> Promoting volitional self-efficacy to uptake colorectal cancer screening using implementation intentions	<b>Andreas Malm</b> Post-migration stress among refugees – development of a new scale and associations with wellbeing	<b>Elizabeth Evans</b> Who loses weight and keeps it off? A representative population survey of 2000 overweight/obese adults	<b>Jörg Huber</b> Are better blood glucose levels linked to resilience in young adults with type 1 diabetes?	<b>Anne Dewhurst</b> Exploring knee osteoarthritis patients' views of talking about weight with health professionals	<b>Nina Knoll</b> Days in (light) motion: a dyadic planning intervention with couples to increase daily physical activity	<b>Clare Cooper</b> Emotion perception and quality of life in aging	<b>Anjolie Dhillon</b> An evaluation of an eight week mindfulness based stress reduction course, focusing on work-related factors
12:15	<b>Lena Fleig</b> What determines plan enactment? Exploring relationships between action plan specificity and enactment among rehabilitation patients	<b>Heather Buchanan</b> The revised dental beliefs survey: reliability and validity in a Chinese population	<b>Vera Araujo Soares</b> Task engagement decreases pain perception in response to controlled pressure pain	<b>Shulamith Kreitler</b> Personality correlates of breast cancer patients	<b>Sophie Lelorain</b> How does physician empathy interact with patient emotional skills to predict patient quality of life?	<b>Tracey Revenson</b> Discussion	<b>Jasminka Despot Lucanin</b> Longitudinal psychosocial predictors of life satisfaction in old persons	<b>Margot van der Doef</b> Predictors of work ability in employees with migraine/severe headaches
12:30	Lunch (Boyd Orr Hall) & EHPS National Delegates Meeting (Room 15) & DHP Members Meeting (Crombie B Suite)							

Session Title	Fleming Auditorium	Crombie A Suite	Crombie B Suite	Balmoral Suite	Gordon A Suite	Gordon B Suite	Forbes Suite	Room 10	
	Symposium	Symposium	Symposium	Oral Session	Roundtable	Symposium	Oral Session	Oral Session	
	Digital behaviour change interventions: design and evaluation (T1) <b>Chair: Ildiko Tombor</b>	Adherence to medications: evidence synthesis strategies for intervention development (T6) <b>Chair: Gerry Molloy</b>	New determinants and barriers of (un)healthy food behaviours (T11) <b>Chair: Olivier Luminet</b>	Efficacy and mechanisms of theory-based behaviour change interventions (T12) <b>Chair: Aleksandra Luszczynska</b>	Using Bayesian analysis to get the most out of health psychology data: a practical primer (T19) <b>Chair: Susan Michie</b>	Use of economic evaluations by health psychologists and the relevance of their work for policy-making (T20) <b>Chair: Hein de Vries</b>	Adherence and maintenance issues in health behaviour change (T11) <b>Chair: Madelynne A. Arden</b>	Patient experience (T5) <b>Chair: Vera Araujo Soares</b>	
14:00	<b>Claire Garnett</b> Development of a smartphone app ('Drink Less') to reduce excessive drinking: selection of intervention content	<b>Hannah Durand</b> Medication adherence and apparent treatment-resistant hypertension: systematic review and meta-analysis	<b>Valérie Broers</b> Determinants of (colic) vegetable consumption, discussing the theory of planned behaviour and compensatory health beliefs	<b>Diana Taut</b> Effectiveness of behaviour change strategies for pelvic floor muscle training in urinary incontinence: a meta-analysis	<b>Susan Michie, Robert West, Matti Heino, Niall Bolger</b>	<b>Silvia Evers</b> Introduction to health technology assessment and economic evaluations	<b>Madelynne A. Arden</b> Applying the theoretical domains framework to adherence to nebuliser treatment in adults with cystic fibrosis	<b>Simon Ashe</b> "Not all in my head": a qualitative exploration of living with fibromyalgia and its treatments	
14:15	<b>Ildiko Tombor</b> Evaluating intervention components in the SmokeFree Baby smartphone app to aid smoking cessation in pregnancy	<b>Jenny Mc Sharry</b> Taking oral medications for type 2 diabetes: a systematic review and meta-synthesis of qualitative studies	<b>Sandra Fernandes-Machado</b> Longitudinal study on eating behaviours from childhood to adolescence	<b>Melanie Amrein</b> An intervention study to decrease compensatory health beliefs for physical activity		<b>Pablo Barrio</b> Social costs of illegal drugs, alcohol and tobacco in the European Union: a systematic review	<b>Walter Bierbauer</b> Predicting medication adherence: testing the health action process approach at the inter- and intrapersonal level	<b>Alicia Hughes</b> Illness specific cognitive biases in chronic fatigue syndrome independent of mood and attentional control deficits	
14:30	<b>Felix Naughton</b> Multicentre, randomised controlled trial of a smoking cessation text message intervention for pregnant smokers (MiQuit)	<b>Elaine Cameron</b> Adherence to disease modifying therapies (DMTs) in multiple sclerosis: a thematic meta-synthesis of qualitative research	<b>Tracy Cheung</b> Changing the fate of impulsivity – using heuristics to promote impulsive choices to healthy choices	<b>Frank Doyle</b> Randomised trial of the effects of omitting affective attitudes on intention to donate organs		<b>Ruben Drost</b> Valuing eHealth: cost-effectiveness of a web-based computer-tailored alcohol prevention program for adolescents	<b>Kasia Banas</b> Predicting adherence to combination antiretroviral therapy for HIV in Tanzania using an extended TPB model	<b>Alice Sibelli</b> Emotional processing in individuals with Irritable bowel syndrome: a qualitative study	
14:45	<b>Johanna Nurmi</b> PRECIOUS: Digitally integrating motivational techniques to increase engagement with volitional processes for health behaviour change	<b>Eimear Morrissey</b> Effectiveness and content analysis of interventions to improve medication adherence in hypertension: a systematic review	<b>Giorgia Zamariola</b> Emotional or restraint? The influence of eating behaviour trait on attention for food	<b>Barbara Mullan</b> Forming a habit in a novel behaviour: the role of cues to action and self-monitoring		<b>Marijn de Bruin</b> The cost-effectiveness of the adherence improving self-management strategy (AIMS) in HIV-care: a Markov model	<b>Jennifer Murray</b> Mediators and moderators of maintenance of physical activity behaviour change: a systematic review	<b>Molly Byrne</b> Sexual problems and relationship satisfaction among people with cardiovascular disease	
15:00	<b>David Crane</b> Improving engagement with an alcohol reduction app: the impact and importance of usability testing	<b>Katerina Kassavou</b> Supporting medication adherence using Interactive-Voice-Response (IVR): development and delivery of a theory- and evidence-based intervention	<b>A.G. (Tina) Venema</b> When in doubt, follow the crowd. Resolved ambiguity as underlying mechanism in social proof nudge	<b>Joanne Smith</b> When and how does normative feedback reduce intentions to drink irresponsibly? An experimental investigation		<b>Kei Long Cheung</b> The most important barriers and facilitators to the use of HTA by policy makers	<b>Filipa Pimenta</b> Strategies and factors of successful weight loss: a pluralistic qualitative research	<b>Ellen Butler</b> A systematic review and qualitative analysis of anxiety among people with multiple sclerosis	
15:15	<b>Keegan Knittle</b> Discussion	<b>Ronan O'Carroll</b> Discussion	<b>Olivier Luminet</b> Discussion	<b>Ralf Schwarzer</b> Mechanisms of health behaviour change with dental hygiene as an example		<b>Nadine Berndt</b> Discussion	<b>Michael Eynon</b> The social cognitive predictors of adherence to an exercise referral scheme	<b>Christel Salewski</b> Illness representations and life satisfaction of chronic pain patients and their partners	
15:30	Interactive Posters & Coffee (Boyd Orr Hall)								
17:00	<b>Keynote Lecture (Gordon Suite)</b> <b>Kevin Patrick</b> From Personal Health Data to Population Health Improvement: New Data, New Insights and New Challenges (Chair: Robert West)								



1	<b>eHealth and mHealth 3 (T1)</b> Chair: Robert West
1	<b>Rebecca Laidlaw</b> Qualitative analysis of health education need and mHealth feasibility in Chikwawa, Malawi
2	<b>Jennifer Apolinário-Hagen</b> Public views on e-mental health services –a systematic review of the current evidence
3	<b>Susan Kerr</b> "It was so comforting knowing she was okay": evaluation of a neonatal care e-health intervention
4	<b>Dana Fischer</b> Run'n'Play: promoting physical activity and intention control using an app-based game and fitness tracker
2	<b>eHealth and mHealth 4 (T1)</b> Chair: Marta Marques
5	<b>Ioana Podina</b> SIGMA: A Self-help, Integrated, and Gamified Mobile-phone Application for weight management in young adults
6	<b>Jane Walsh</b> Patients' experience in the development of an app for self-management of hypertension: a qualitative study
7	<b>Julia Allan</b> Increasing skin self-examination after melanoma: an intervention using text and tablet delivery
8	<b>Eliza Ivanova</b> Online social networking attitudes and health behaviour
3	<b>Resilience in illness and disability (T2)</b> Chair: Ewa Gruszczyńska
9	<b>Claudio Peter</b> Resilience following chronic disability: a longitudinal study after the onset of spinal cord injury
10	<b>Leanne Fleming</b> The association between Type D personality and insomnia in breast cancer patients
11	<b>Anna Guzy</b> Psychosocial factors and problems with voice production
12	<b>Marta Anna Biernacka</b> Resilience, parental attitudes and cooperation in adolescents with chronic diseases in the therapeutic process
13	<b>Marek Celinski</b> Reverse relationships between utilization of personal resources and psychopathology
14	<b>Anna Yashanina</b> Association between mental speed and quality of life: age effect in healthy women
15	<b>Delphine Traber</b> Prevalence and factors associated to post-traumatic stress disorder among French mountain rescuers
16	<b>Radka Massaldjieva</b> Maladaptive personality traits in a sample of patients with opioid dependence
17	<b>Daniel Petrov</b> Personality, negative emotional states and self-determination of gambling involvement
4	<b>Cognitions, performance and behaviour in stress and coping (T3)</b> Chair: Tara Cheetham
18	<b>Magdalena Kruk</b> Mental performance strategies as determinants of flow, performance satisfaction and performance among soccer players
19	<b>Jana Menssink</b> Stranger and nonstranger harassment: coping strategies and barriers to support seeking
20	<b>Wai Kai Hou</b> Does cognitive control predict everyday emotions and control strategies? An ecological momentary assessment study
21	<b>Francine Dehue</b> Coping: which strategies work?
22	<b>Trijntje Vollink</b> Cyberbullying: improving awareness of perpetrators, adults, and bystanders
23	<b>Conor Mc Guckin</b> Cyberbullying and health: what can be done to combat cyberbullying and prevent negative health consequences?
5	<b>Treatment beliefs and illness perceptions (T4)</b> Chair: Thomas Janssens
24	<b>Matias Rios-Erazo</b> Global prevalence of dental anxiety in adult population: a systematic review
25	<b>Ines Wolz</b> Facial expression to emotional stimuli in non-psychotic disorders: a systematic review and meta-analysis
26	<b>Elena Nikolaeva</b> The relationship between the quality of life, hardiness and parameters of autonomic balance
27	<b>Violeta Rotarescu</b> The relationship between irrational cognitions and mindfulness in clinical and non-clinical subjects
6	<b>Psycho-social issues and chronic disease (T5)</b> Chair: Hannah Dale
28	<b>Ana Pașcalău-Vrabete</b> Self versus context: the experience of mobility disability in the Romanian social and built environment
29	<b>Tünde Nag</b> Adjustment to coronary heart disease: associations with gender-related traits
30	<b>Carine Meslot</b> Development of a questionnaire to identify the levers of adhesion to patients' medication: QUILAM
31	<b>Anna Mierzyńska</b> Improving care after heart transplantation: factors related to patients' expectations toward medical staff
32	<b>Gemma Stevens</b> The impact of learning within a self-management patient education programme
33	<b>Hannah Bowers</b> Improving beliefs about emotions and quality of life in IBS: a single case experimental design
34	<b>Gemma Stevens</b> Determinants of physical activity and dietary choices in adolescents with intellectual disability: a feasibility study
7	<b>Patient experience (T5)</b> Chair: Sabrina Cipolletta
35	<b>Sam Cockle</b> Patients' expectations of cancer treatment: a qualitative study
36	<b>Paula Hili</b> Life after a coronary artery bypass graft: the lived experience of Maltese men
37	<b>Julia Bänziger</b> Pregnancy and motherhood with congenital heart disease: exploring lived experience, difficulties, resources and coping strategies
38	<b>Judit Varkonyi-Sepp</b> Co-constructed dyadic illness experience in the discourse of couples living with severe uncontrolled asthma
39	<b>Shanu Sadhwani</b> Living with grief: a phenomenological analysis of the lived experience of PCOS
40	<b>Ligia Lima</b> Living with diabetes in adolescence: a mixed methods study

8	<b>Psychosocial interventions in long-term conditions 1 (T6)</b> Chair: <b>Gerry Molloy</b>
41	<b>Federica Picariello</b> A meta-analytic systematic review of the effectiveness of psychosocial interventions for end-stage kidney disease fatigue
42	<b>Lucy Ashwoth</b> Impact of a personalized support programme for patients with ACS: beliefs, persistence, and lifestyle change
43	<b>Amy Malaguti</b> Increasing self-efficacy to reduce injecting risk-taking behaviour in drug users on hepatitis C treatment
44	<b>Holly Martin-Smith</b> ACT Now! Guided self-help to improve self-management and emotional wellbeing type 2 diabetes
45	<b>Marta Banout</b> The cognitive-behavioural training, compliance and metabolic status among patients with diabetes type 2. Pilot study
46	<b>Heleen Westland</b> Enhancing physical activity in patients and equipping nurses to deliver a behaviour change intervention
9	<b>Psychosocial interventions in long-term conditions 2 (T6)</b> Chair: <b>Keegan Knittle</b>
47	<b>Aurélie Gauchet</b> Comparative efficacy of three psychotherapeutic interventions (CBSM, ACT, relaxation) for patients with chronic pain
48	<b>Andrea C. Schöpf</b> Development and pilot testing of a communication training for persons with rheumatic and musculoskeletal diseases
49	<b>Joyca Lacroix</b> Challenges and learnings of implementing a medication adherence service in clinical practice
50	<b>Friederike Blume</b> Effects of neurofeedback training on behaviour and quality of life in children with ADHD
10	<b>Improving health and well-being in later life: behavioural approaches (T7)</b> Chair: <b>Samuel Nyman</b>
51	<b>Caroline Tandetnik</b> Depression, anxiety and level of memory complaint promote memory clinic help-seeking for subjective cognitive decline
52	<b>Kevin McKee</b> Understanding help-seeking behaviour in older people with urinary incontinence
53	<b>Samuel Nyman</b> Use of behaviour change techniques in the TACIT trial: TAI ChI for people with dementia
54	<b>Catrin Jones</b> Investigating an extended theory of planned behaviour to predict exercise in women aged 40 years+
55	<b>Mitsuru Naganuma</b> A proposed interactive activity for the elderly involving an entertainment robot
11	<b>Promoting health behaviour (T9)</b> Chair: <b>Nelli Hankonen</b>
56	<b>Ryo Takahashi</b> Effects of growth hormone therapy on psychosocial characteristics in children born small for gestational age
57	<b>Zuzana Dankulincova Veselska</b> Body image and health complaints among adolescents: role of life satisfaction and weight reduction behaviour
58	<b>Mattea Dallacker</b> More than just food: a meta-analysis of family mealtime practices and children's nutritional health
59	<b>Delia Cristescu</b> Mediating role of interpersonal emotion regulation in adolescent's close friendships
60	<b>Maria Karekla</b> ACTmind: a mindfulness and acceptance and commitment therapy program for cultivating emotional health in children
61	<b>Mónica Lobato</b> Adolescent marijuana use: family but not peer use is associated when developing a dependence
12	<b>Quality of life and well-being across the lifespan (T10)</b> Chair: <b>Constance Drossaert</b>
62	<b>Olga Pollatos</b> Emotional intelligence, body image dissatisfaction and HRQoL in children
63	<b>Anne Golden</b> Can effects of expressive writing be enhanced using an emotion processing model from psychotherapy research?
64	<b>Bruce Barrett</b> Feeling loved, a novel self-report health measure: convergent and discriminant validity
65	<b>Martin Kopp</b> Acute affective responses in uphill mountain hiking - a randomised controlled trial
66	<b>Olga Razumnikova</b> Emotional intelligence-related health status in young and aged women
67	<b>Mayumi Inoue</b> The changes in eating behaviours and lifestyles among middle-aged women with body shape in obese
68	<b>Yoriko Matsuda-Chapman</b> Purpose in life and psychosomatic symptoms among Japanese women at midlife
69	<b>Jennifer Lay</b> Aloneness need not be lonely: varieties and predictors of positive solitude experiences in daily life
13	<b>Health expectations and experiences (T11)</b> Chair: <b>Tanya Berry</b>
70	<b>Tanya Berry</b> Implicit and explicit believability of prevention messages for breast cancer and heart disease
71	<b>Caragh Flannery</b> Experiences of lifestyle management and support during pregnancy: a qualitative study
72	<b>Sarah Hardcastle</b> An exploration of health perceptions and factors influencing participation in health behaviours in cancer survivors
73	<b>Jacob Crawshaw</b> Identifying psychosocial predictors of medication non-adherence following acute coronary syndrome: a systematic review
14	<b>Interventions targeting health risk behaviour and sexual health (T12)</b> Chair: <b>Richard Cooke</b>
74	<b>Emma Brown</b> A randomised controlled trial of self-incentives to boost cessation in community based stop smoking services
75	<b>Mary Steele</b> A logic model outlining the processes involved in an intervention for smoking cessation during pregnancy
76	<b>Richard Cooke</b> Do implementation intentions reduce alcohol consumption? A meta-analysis
77	<b>Oulmann Zerhouni</b> Effect of omega-3 fatty-acids on alcohol attentional bias, craving and consumption: a randomised controlled trial
78	<b>Paul Flowers</b> Interventions to reduce risky sexual behaviour in gay men: systematic review and intervention development
15	<b>Promoting health and health behaviour among high risk individuals (T12)</b> Chair: <b>Sandra van Dijk</b>
79	<b>Raimonda Petroliene</b> The relationship between patients' memory and readiness to change health behaviour in cardiac rehabilitation

80	<b>Laurent Muller</b> Motivational interviewing in low socioeconomic adolescents with overweight or obesity
81	<b>Henrik Nilsson</b> Applying the intervention mapping protocol to a multimodal physical activity intervention for trauma-afflicted refugees
82	<b>Kirsten K. Roessler</b> Interpersonal problems of alcohol patients undergoing an exercise intervention – the influence of social aspects
83	<b>Maria Tunyiova</b> Charismatic and non-charismatic physician counselling and its effects on the patient's motivation
84	<b>Lynn Mobach</b> Somatic complaints in a healthy population: effectiveness and working mechanisms of a worry reduction intervention
16	<b>Public health insights 1 (T13)</b> Chair: <b>Daniela Harnacke</b>
85	<b>Sarah E Golding</b> Exploring vets' and farmers' beliefs about prudent antibiotic use
86	<b>James Green</b> Susceptibility to medicine advertising is associated with poorer health behaviours
87	<b>Anastasia Vugts</b> Which conceptualisations of autonomy are addressed in the ethical discussion on nudging?
88	<b>Daniela Harnacke</b> Mission accomplished? Oral hygiene skills at the end of oral health group prevention programs
89	<b>Eva Cepova</b> Effect of health literacy on oral health and oral health behaviour
17	<b>Public health insights 2 (T13)</b> Chair: <b>Lesley McGregor</b>
90	<b>Lesley McGregor</b> A randomised controlled trial of a reminder intervention to promote bowel scope screening uptake
91	<b>Hannah Scobie</b> Why do people who agreed to participate in lung screening change their mind?
92	<b>Roxanne Armstrong-Moore</b> Interventions to reduce the negative effects of alcohol consumption in older adults: a systematic review
93	<b>Raluca Tomsa</b> RISK factors for physical health of university students from Romania: preliminary results
18	<b>Patient experience of healthcare (T15)</b> Chair: <b>Gisela Michel</b>
94	<b>Lynda Appleton</b> Being in safe hands: what's important to patients attending a regional cancer centre?
95	<b>Val Morrison</b> Adherence to exercise after joint replacement surgery: patients' and health professionals' perceptions
96	<b>Wendy Lawrence</b> How do couples undergoing IVF treatment experience a preconception dietary intervention?
97	<b>Lisa Marie Ballard</b> Understanding the lived experience of Russell-Silver syndrome - recommendations for health care professionals
98	<b>Rebecca Healey</b> Patients' experiences of melanoma from diagnosis to post-treatment using illness grids
99	<b>Tushna Vandrevale</b> Promoting personal autonomy is the context of awake surgery: from fear and apprehension to acceptance
19	<b>Social factors, media and health (T16)</b> Chair: <b>Kate Adkins</b>
100	<b>Kristina Žardeckaitė-Matulaitienė</b> The importance of social trust for prediction of well-being of Lithuanians and Lithuanian emigrants
101	<b>Kate Adkins</b> A qualitative investigation of advertisement portrayals of acne in British women's magazines 1972-2008
102	<b>Bertrand Porro</b> Identification of psychosocial factors affecting job retention of women with breast cancer. A pilot study
103	<b>Oana Petre</b> Organ donation in Romanian media: a content analysis
104	<b>Jorge Santiago López</b> Comparing organ donor attitudes between immigrant and native population: implication for Spanish donation promotion policies
20	<b>Study design and conduct (T19)</b> Chair: <b>Anna Levke Brütt</b>
105	<b>Lauren Gating</b> What impact do monetary incentives and questionnaire length have on mailed health psychology survey response?
106	<b>Sofia Strömmer</b> How to improve recruitment to pregnancy trials: learning from the experiences of participants and refusers
107	<b>Francis Quinn</b> N-of-1 methods in health behaviour research: a systematic review
108	<b>David Keatley</b> The role of sequence analysis in understanding health and post-injury behaviours
109	<b>Anna Levke Brütt</b> Recruiting of and in general practices
110	<b>Marie-Rose Dwek</b> Chemotherapy-related cognitive changes in colorectal cancer patients: a feasibility trial
111	<b>Armin Günther</b> Article retractions in health related fields of psychology: are there reasons for concern?

Session Title	Fleming Auditorium	Crombie A Suite	Crombie B Suite	Balmoral Suite	Gordon A Suite	Gordon B Suite	Forbes Suite
	Oral Session	Oral Session	Oral Session	Oral Session	Oral Session	Oral Session	Oral Session
	Implicit and controlled processes in health behaviour change (T11) <b>Chair: Frank Eves</b>	Models and interventions in implementation research (T20) <b>Chair: Fabiana Lorencatto</b>	Health in the family and parental health behaviour (T9) <b>Chair: Fiona Gillison</b>	Psychosocial functioning and well-being in patient populations and the community (T10) <b>Chair: Lucy Piggin</b>	Health promotion and addictive behaviour (T13) <b>Chair: James Green</b>	User perspective in eHealth and mHealth (T1) <b>Chair: Rik Crutzen</b>	Mechanisms of change and experiences of interventions (T6) <b>Chair: Emily Arden Close</b>
09:00	<b>Stacey Oliver</b> Implicit processes, autonomous motivation and controlled motivation influence on levels of daily activity	<b>Julie McLellan</b> Long-term effects of healthcare professional behaviour change interventions: a systematic review of Cochrane reviews	<b>Sofie Prikken</b> Illness intrusiveness in parents and glycaemic control in youth with type 1 diabetes: intergenerational processes	<b>Emily Doe</b> A comparison of adolescents with/without type 1 diabetes on peer support and psychosocial functioning	<b>Bas van den Putte</b> Testimonial of a recovered drugs-addict in the class room: wise or foolish?	<b>Eline Smit</b> The virtual care climate questionnaire: development and validation	<b>Konstadina Griva</b> Adherence in multimorbidity: mixed methods study of patients with diabetes and end stage renal disease
09:15	<b>Matti Heino</b> Examining relationships between behaviour change technique enactment, self-determined motivation and objectively measured physical activity	<b>Justin Presseau</b> Identifying behaviour change techniques reported in trials of implementation interventions to improve diabetes healthcare	<b>Susan Carroll</b> "It feels like wearing a giant sandbag." Understanding fatigue in paediatric multiple sclerosis	<b>Simon Kunz</b> Relationship of posttraumatic growth and adjustment to spinal cord injury: moderated by posttraumatic depreciation?	<b>Laura J. Rennie</b> Brief classroom-based tobacco denormalisation intervention reduces willingness to smoke in French adolescents	<b>Bridget Dibb</b> Exploring the impact of social media use on psychological and physical health	<b>Sula Windgassen</b> How psychological interventions reduce symptom severity in irritable bowel syndrome: a systematic review of mechanisms
09:30	<b>Julia Allan</b> Testing the process model of self-control: real time inhibitory control, fatigue and high-calorie snacking	<b>Sanne van Lieshout</b> Implementation of sexuality education: a process model	<b>Iain Williamson</b> A 'photo-phenomenological' investigation of caregiving burden amongst British mothers of daughters with Rett syndrome	<b>Lucy Piggin</b> Perceived cognitive deficits during adjuvant chemotherapy: exploring the experiences of colorectal cancer patients	<b>Joanne Emery</b> Real-world uptake of a tailored, text message, pregnancy smoking cessation programme (MiQuit) when offered online	<b>Pepijn van Empelen</b> SoaSeksCheck; An intelligent e-counsellor to estimate STI risk and ease access to test facilities	<b>Emma Godfrey</b> "A light bulb moment!" Experiences of delivering Physiotherapy informed by Acceptance and Commitment Therapy (PACT)
09:45	<b>Frank Eves</b> Embodied perception of locomotor challenge in overweight individuals	<b>Carmen Lefevre</b> Making an impact on health: developing a synthetic framework	<b>Sarah Bérubé</b> Illness perceptions and parental predictors of adherence to treatment in young people with haemophilia	<b>Stephanie Archer</b> The impact of surgical complications on patient wellbeing: a longitudinal study	<b>Sylvia Roozen</b> Understanding Foetal Alcohol Spectrum Disorders (FASD) and maternal alcohol consumption during pregnancy	<b>Céline van Lint</b> Self-monitoring creatinine after kidney transplantation: adherence to measurement protocol and reliability of patient reported data	<b>Emily Arden-Close</b> Experiences of breathing training for asthma: qualitative process analysis of participants in the BREATHE trial
10:00	<b>Alison Divine</b> Intention - behaviour gap: self-efficacy, explicit motives and implicit associations in the initiation of exercise	<b>Nicola Kayes</b> Changing physiotherapy behaviour to optimise outcome: feasibility of a knowledge translation intervention	<b>Anna Wahyuni Widayanti</b> Immunisation for children in Indonesia: it is the father's decision	<b>Noelle Robertson</b> Shame as a predictor of psychological morbidity in patients after bariatric surgery	<b>Kirsten Robertson</b> Systematically informing the development of alcohol warning messages for health promotion	<b>Lorna Rixon</b> Self-care behaviours of COPD patients over a 12-month period in the WSD Evaluation	<b>Pernille Woods</b> Acceptability of a workbook intervention to support return-to-work for cancer survivors
10:15	<b>Pamela Rackow</b> Physical activity and the theory of planned behaviour: a scoping review, 2001-2015	<b>Camilla During</b> Answering the call for evidence-based telephone support: an intervention development study	<b>Sinéad Currie</b> Antenatal physical activity: a qualitative study exploring women's experiences and acceptability of a walking group	<b>Liz Temple</b> Outcomes from the city of Ballarat employee health and wellbeing program	<b>James Green</b> "Go hard or go home": moderate drinking is "a waste of money and calories"	<b>Julia Mueller</b> Using the web to encourage help-seeking for symptoms indicative of lung cancer: a feasibility study	<b>Nicola Stenberg</b> Living well with a chronic condition: service users' perspectives of a self-management intervention
10:30	Coffee Break (Boyd Orr Hall)						
11:00	<b>Keynote Lecture (Gordon Suite)</b> <b>Aleksandra Luszczynska</b> Ways to Increase the Impact of Behaviour Change Interventions in a Real-World Setting (Chair: Martin Hagger)						
12:00	Closing ceremony and introduction of the next conference (Gordon Suite)						
12:45	Reception						
13:30	Social programme excursions departs from AECC & return in city						





## A

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